



RAHBAR COLLEGE
— OF DENTISTRY —

*Excellence in Education.
Service to Humanity.*



PROSPECTUS

ACADEMIC SESSION

2026-27

BACHELOR OF DENTAL SURGERY (BDS)



QUALITY EDUCATION
& SKILLED TRAINING



MODERN FACILITIES
& ADVANCED TECHNOLOGY



RESEARCH, INNOVATION
& COMMUNITY SERVICE



A project of Pakistan Rangers (Punjab),
committed to providing world-class dental education,
fostering professional excellence and dedicated service to humanity.

Table of Contents

Table of Contents	2
Leadership Messages	7
Chairman's Message	7
Vice Chairman's Message.....	8
Principal's Message	11
Director Administration's Message	Error! Bookmark not defined.
Mission & Vision Statements.....	12
University of Health Sciences (UHS)	12
Rahbar College of Dentistry	12
Educational Program	14
Bachelor of Dental Surgery (BDS)	14
Program Outcomes	16
Generic Competencies (PM&DC)	16
Specialty Oriented Competencies	16
Academic Departments.....	18
Basic Sciences	18
Clinical Sciences.....	18
Administrative & Support Departments	Error! Bookmark not defined.
Distinguished Faculty	Error! Bookmark not defined.
Admission Policy	83
Eligibility Criteria	83
Student Categories	83

Guidelines for Applicants.....	84
Attendance Policy	84
Academic Performance.....	84
Assessment Policy	86
Assessment Components	86
Transfer and Migration	87
Code of Conduct.....	88
Academic Regulations	88
Disciplinary Regulations	88
Disciplinary Committee	89
College Infrastructure & Educational Resources.....	90
Ground Floor Facilities	90
First Floor Facilities	91
Digital Resources	91
Support Facilities.....	92
Extra-Curricular & Co-Curricular Activities	93
Sports Club.....	93
Art & Design Society	93
Dramatics Club	94
Music Society	94
Arts & Crafts Society	94
Literary Society	94
Debating Society	95
College Magazine	95
Poetry Club	95
Naat & Qirat Society	96

Co-Curricular Committees	97
Career Counseling Committee	97
Character Building Committee.....	97
Communication Skills Committee.....	97
Curriculum Committees.....	99
Mandatory Legal Submissions.....	102
Student Undertaking at Admission	102
Medical Fitness Certificate.....	102
Admission Offer Acceptance Undertaking.....	102
Acknowledgements.....	104
Contributors.....	104
Photography Credits	104

A New Era in *Dental Education*

In 2024, Lahore witnessed the dawn of a new era in dental education with the inauguration of Rahbar College of Dentistry. This state-of-the-art institution is poised to redefine the landscape of dental training in Pakistan, meeting the rigorous standards set by the Pakistan Medical and Dental Council (PM&DC). Rahbar College of Dentistry is committed to produce skilled and compassionate dental professionals, ready to tackle the challenges of the future.

Rahbar College of Dentistry offers a comprehensive 4-year Bachelor of Dental Surgery (BDS) program followed by one year House Job, meticulously designed to equip students with a solid foundation in dentistry,

diagnostics, and clinical techniques with an integrated approach of student-centered teaching.

The college features top-tier facilities, including advanced dental units, phantom head laboratories, cone-beam computed tomography (CBCT) system, and dental materials laboratories. These resources, alongside the latest digital radiography equipment and simulation labs, ensure that students have access to the most modern technology and equipment. Additionally, the college is equipped with the latest dental instruments, cutting-edge sterilization units, intraoral scanners, CBCT, and dental photography equipment for cases' documentation.

The institution is committed to promote scientific discoveries that address both local and global oral health care challenges. Faculty and students are encouraged to engage in research activities that lead to evidence-based practices, fostering an environment of continuous learning and innovation.

Affiliated with the leading University of Pakistan, Rahbar College of Dentistry addresses critical healthcare disparities, enhances dental education, and contributes to increasing the healthcare workforce in Pakistan.

*Welcome to Rahbar College of Dentistry —
your gateway to a fulfilling career in
dentistry.*

Leadership Messages

Chairman's Message

It is with great honor that I extend my greetings to you as you consider pursuing your dental education at Rahbar College of Dentistry. The institution is dedicated to cultivating the next generation of dental professionals through a rigorous and comprehensive curriculum. We take pride in our commitment to academic excellence, ethical practice, and the advancement of dental science. The esteemed faculty comprises of accomplished academicians and clinicians, devoted to mentor students and provide a rich learning environment. At Rahbar College of Dentistry, Lahore, the state-of-the-art facilities and resources are designed to enhance the educational experience. The curriculum integrates theoretical

knowledge with practical training, ensuring that you are well-prepared to meet the challenges of an ever-evolving profession. As an aspiring graduate, I must emphasize your critical role in improving oral health and enhancing the quality of life for individuals and communities. Your dedication to patient care and commitment to lifelong learning will be essential in your journey as a dental professional. My sincere wishes to all of you, to consider Rahbar College of Dentistry as your educational partner. We look forward to the possibility of welcoming you into our distinguished community.

Maj. Gen. Muhammad Atif Bin Akram Director General,
Pakistan Rangers (Punjab)
Chairman, Rahbar College of
Dentistry, Lahore

and a dedication to lifelong learning.

Vice Chairman's Message

It is with great pleasure that I extend a warm welcome to you as you consider pursuing a career in dentistry at our esteemed institution. As Vice Chairman, I am proud to introduce you to our comprehensive dental program, designed to foster academic excellence, clinical proficiency, and professional integrity. Our curriculum offers a robust foundation in dental sciences, paired with extensive hands-on clinical training, all supported by cutting-edge facilities and a distinguished faculty. We are committed to developing well-rounded, compassionate dental professionals who will not only excel in patient care but also contribute meaningfully to the advancement of the dental profession. At our institution, we take great pride in providing an environment that encourages intellectual curiosity, ethical practice,

Brigadier Muhammad Tayyeb

Deputy Director General,
Pakistan Rangers (Punjab)
Vice Chairman, Rahbar
College of Dentistry, Lahore

Managing Director Pakistan Rangers Punjab Foundation Message

It is with great pleasure that we introduce Rahbar College of Dentistry. We are dedicated to provide a contemporary education that blends knowledge with practical skills, preparing you for a rewarding career in dentistry. Our faculty comprises experienced professionals who are deeply committed to your development. They bring a wealth of expertise and a genuine enthusiasm for teaching, ensuring that you

receive the highest quality education and mentorship.

In addition to academic and clinical training, we emphasize the importance of ethical practice and community involvement. The prospectus reflects the commitment to create a supportive and dynamic environment for our students. Here, you will find details about our innovative curriculum, state-of-the-art facilities, and the many ways we support our students' growth, both academically and personally. We understand that choosing a college is a significant decision; likewise, RCOD offers a unique and enriching path for those who aspire to make a difference in the field of dentistry.

We look forward to the possibility of welcoming you to our community and supporting you on your journey.

Warm Regards,

Brig (Retd) Zafar Jamal

Managing Director, Pakistan
Rangers Punjab Foundation,
Rahbar College of Dentistry,
Lahore.

Director Administration Message

It is with great pride and anticipation that I welcome you to explore the opportunity of joining our distinguished institution. As the Director of Administration, I am pleased to provide insight into the comprehensive support systems we have in place to ensure your academic and professional success during your time with us.

Our institution is dedicated to upholding the highest standards of administrative excellence, offering a seamless and supportive experience from the moment you are admitted until the

completion of your studies. We are committed to foster an environment that enables you to focus on your education, clinical training, and personal development, while we manage the logistical and administrative aspects of your academic journey.

Our administrative team is here to assist you at every step, ensuring that your experience is both enriching and efficient. We provide a wide array of services designed to support your

success, from admissions through to graduation.

Thank you for considering our institution as the place to begin your professional journey in dentistry. We look forward to supporting you as you embark on this exciting and transformative path.

Warm regards

Brigadier (Retd) Muhammad
Javed Shahid

Director Administration,
Rahbar College of Dentistry,
Lahore.

Principal's Message



I am delighted to extend a warm welcome to all prospective students, faculty, and staff members. Our dedication to excellence in dental education, research, and community service guides everything we do. At RCoD, our mission is to create a supportive and innovative learning environment where students can excel academically, professionally, and personally. Through rigorous academic programs, hands-on clinical experiences, and opportunities for cutting-edge research, we empower our students to become compassionate and skilled dental professionals ready to address the diverse needs of our global community. Beyond educating dental experts, we aim to nurture qualities of compassion, integrity, and a commitment to lifelong learning in our students.

Prof. Dr. Muhammad Nasir Saleem

Principal, Rahbar College of Dentistry, Lahore

Mission & Vision Statements

University of Health Sciences (UHS)

Vision Statement

UHS is a leading university aiming to keep its graduates apt with the ever-emerging global health challenges, evolving educational methodologies and emerging technological advancements to maintain its distinguishable position as a medical university.

Mission Statement

UHS shall continue to strive for producing a human resource par at excellence to cater for the health needs of the people of Punjab and Pakistan.

Rahbar College of Dentistry

Mission Statement

To train health professional students in an innovative educational environment, through revolutionary dental education, focusing on state-of-the-art clinical skills, patient care, national community health services, global research and technological advancements, to produce competent caregivers and life-long learners.

Vision Statement

To be a leading institution, producing globally competent health professionals through multidisciplinary integrated teaching to advance oral healthcare services and tackle local and global challenges with excellence in education, research, and innovation.

Educational Program

Bachelor of Dental Surgery (BDS)

The BDS program runs for four years, with the fifth year designated for the House Job. It includes both theoretical and practical training in the field of dentistry. Students learn basic and clinical core subjects with vertical and horizontal integration, leading to a spiral curriculum. Clinical training is a significant part of the program, where students work with patients under supervision.

Basic Sciences

- Anatomy
- Biochemistry
- General Pathology
- Science of Dental Materials
- Oral Pathology
- Community & Preventive Dentistry
- Physiology
- Oral Biology
- Pharmacology
- Islamiyat
- Pakistan Studies
- English

Clinical Sciences

- Oral Medicine & Oral Diagnosis
- Medicine & Allied
- Operative Dentistry
- Orthodontics
- Oral & Maxillofacial Surgery
- Periodontics
- Surgery & Allied
- Prosthodontics
- Pediatric Dentistry

General Courses

- Research Methodology
- Entrepreneurship
- Dental Photography
- Expository Writing

Program Outcomes

Bachelor of Dental Surgery graduates from RCoD will demonstrate the following outcomes:

- Demonstrate the knowledge and skills necessary to practice dentistry in primary care settings, providing comprehensive patient care and making independent clinical decisions.
- Promote dental health care within the community, utilizing the latest research, critical thinking and professionalism.
- Exhibit emotional intelligence, commit to lifelong learning, demonstrate leadership and foster innovation.

Generic Competencies (PM&DC)

- | | |
|---------------------------|--------------------------|
| • Professionalism | • Communication Skills |
| • Time Management | • Ethics & Integrity |
| • Teamwork | • Problem-Solving Skills |
| • Empathy in Patient Care | • Critical Thinking |
| • Creativity & Innovation | • Leadership |
| • Emotional Intelligence | • Life-long Learning |

Specialty Oriented Competencies

- Researcher
- Comprehensive Care Dentistry

- Operative Dentistry & Endodontics
- Emergency Patient Management
- Orthodontics
- Periodontology
- Implant Dentistry
- Prosthodontics
- Oral & Maxillofacial Surgery
- Oral Medicine & Radiology
- Pain & Anxiety Management

Academic Departments

Basic Sciences

- Department of Oral Biology & Tooth Morphology
- Department of Science of Dental Materials
- Department of Community & Preventive Dentistry
- Department of Anatomy
- Department of Physiology
- Department of Biochemistry
- Department of General Pathology
- Department of Pharmacology & Therapeutics
- Department of Behavioral Sciences
- Department of Islamiat
- Department of Pakistan Studies
- Department of Oral Pathology

Clinical Sciences

- Department of Periodontology
- Department of Oral Medicine & Oral Diagnosis
- Department of Operative Dentistry and Endodontics
- Department of Prosthodontics
- Department of Oral & Maxillofacial Surgery
- Department of Pediatric Dentistry
- Department of Orthodontics
- Department of Surgery & Allied

- Department of Medicine & Allied
- Department of Anesthesiology & Pain Management
- Comprehensive Care Dentistry Clinic
- Consultant Clinic Practice
- Research and Development Cell
- Department of Dental Education
- Quality Assurance Cell

Administrative Support:

SSR Amjed Raza

Deputy Director Administration

Rahbar College of Dentistry, Lahore

Department of Oral Biology and Tooth Morphology



The Department of Oral Biology and Tooth Morphology at Rahbar College of Dentistry, focuses on the fundamental biological principles and anatomical structures of the oral cavity. Our curriculum covers the study of development, structure and functions of oral tissues. It also includes tooth morphology, providing students with a deep understanding of the biological and structural aspects of dentistry. Through lectures, practical sessions, and hands-on modeling, students learn about the function and form of oral structures and their relevance to dental treatments. The department aims to ensure that students have a comprehensive knowledge base to support effective clinical practice and patient care.



Head of Department

Prof. Dr. Asad Mahmood

MSc, B.D.S, FICD, CMT

Prof. Dr. Asad Mahmood, FICD, CMT, MSc, B.D.S, is the Head of Oral Biology Department at Rahbar College of Dentistry. He became a Fellow of the International College of Dentistry (FICD) in 2023 and holds a Certificate in Management Training (CMT) from CILT UHS. Dr. Mahmood completed his MSc at Queen Mary University of London in 2011 and his B.D.S at de' Montmorency College of Dentistry, Lahore, in 2007.

He has completed Basic Life Support (BLS) training at Bart's and The London, as well as a certificate in "Dental Management of Oral Cancer Patients." Practicing general dentistry since 2008, Dr. Mahmood also possesses certifications Periodontology and Dental Implants, and Oral and Maxillofacial Surgery.



Associate Professor

Dr. Shaher Bano

MPhil, BDS, CHPE, CME

Dr. Shaher Bano, is an accomplished academician and researcher in the field of dentistry, currently serving as an Associate Professor in the Department of Oral Biology at Rahbar College of Dentistry, Lahore. Her academic journey is marked by significant achievements, including graduating with distinction in Oral Pathology and earning the Prof. B.A Yazdanie Medal in Prosthodontics. She has demonstrated a strong commitment to excellence throughout her academic career, having achieved first-attempt success in both BDS and M. Phil programs.

Her active involvement in research is evident from her supervision of IRB-Approved R&D cell-research projects for BDS students, showcasing her dedication to advancing dental science. Dr. Bano also contributed to the academic community through oral and poster presentations, including notable appearances at Annual Research Days at FMH in March 2017 and April 2018. In addition to her research and teaching roles, she has pursued further professional development through a Certificate in Health Professional Education (CHPE), reflecting her commitment to enhancing her educational impact and supporting the growth of future dental professionals.

Demonstrators

Dr. Mahnoor Arshad

Dr. Maria Roy

Department of Science of Dental Materials



The Department of Science of Dental Materials offers a comprehensive curriculum that combines theoretical knowledge with hands-on experience to prepare students for the effective use of dental biomaterials in clinical practice.

The programs introduce the fundamentals of materials science, helping students understand the physical, chemical, and mechanical properties of various dental materials. Students learn to evaluate these materials based on their behavior in the clinical environment, considering factors such as biocompatibility, safety, and suitability for different dental procedures.

The curriculum also emphasizes research and innovation, ensuring students are equipped with the latest advancements in the field. Through expert faculty guidance and practical laboratory experience, the program provides a robust foundation for students to make informed decisions about material selection and their application in patient care.



Head of Department
Prof. Dr Omair Anjum
MSc, BDS FICD, USA

Dr. Omair Anjum is the Head of Department of Science of Dental Materials at Rahbar College of Dentistry. With a remarkable academic background. He earned a Fellowship from the International College of Dentists (FICD) at Chulalongkorn University in Bangkok, Thailand and holds a Master degree of Science in Dental Biomaterials from Queen Mary University of London. He did Bachelor of Dental Surgery from the Altamash Institute of Dental Medicine in Karachi.

Dr Omair authored 14 publications and is actively involved in further research projects, focusing on optimal decontamination methods for the tooth-resin interface.

He was involved in mentoring students for the Dental Materials program. His dedication to advancing dental education and research continues to make a significant impact in the field.

Demonstrators

Dr. Ambreen Asif

Department of Community and Preventive Dentistry



The Department of Community and Preventive Dentistry at Rahbar College of Dentistry emphasizes dental health improvement at the community level and focuses on preventive care. The curriculum covers public health principles, preventive strategies, and community outreach programs aimed at improving oral health on a broader scale. The department facilitates students' engagement in practical training, research projects, and community services to understand and address dental health challenges within various populations. It is dedicated to equipping students with the skills needed to promote oral health and implement effective preventive measures in diverse communities.



Head of Department

Prof Dr. Fahd Mehtab ud Din Dogar
BDS, MDPH

Prof Dr. Fahd Mehtab ud Din Dogar is an experienced dental professional with a strong academic and clinical background. He earned his Bachelor of Dental Surgery (BDS) from Hamdard University in Karachi in 2005 and went on to complete his Masters in Dental Public and Primary Health (MDPH) at the University of Western Australia in 2010. Dr. Dogar has held various academic positions in the field of Community and Preventive Dentistry. Currently, he serves as Head of Department of Community Dentistry at Rahbar College of Dentistry. His teaching career included Faryal Dental College, Islamic International Dental College, Riphah International University.

His clinical experience includes working as a private practitioner at various clinical facilities. Dr. Dogar's received a Certificate of Achievement in 2010 for his participation in a Dental Health Camp organized by the NGO CDRS in Azad Jammu Kashmir.

Demonstrators

Dr. Iqra Ayub

Dr. Wajiha Liaquat

Department of Oral Pathology



The Department of Oral Pathology at Rahbar College of Dentistry specializes in diagnosing and understanding diseases specific to the oral and maxillofacial regions. The oral pathology curriculum provides in-depth training on various pathological conditions, including benign and malignant lesions, and systemic diseases with oral manifestations. Through a combination of interactive sessions, practical, and clinical case studies, students gain expertise in identifying, diagnosing, and managing oral diseases. Our goal is to equip students with the skills needed to effectively handle complex

oral pathology cases and integrate this knowledge into their clinical practice.



Head of Department

Prof Dr Muhammad Behzad Salahuddin

BDS, MSc OP

Prof Dr. Muhammad Behzad Salahuddin serves as the Head of the Oral Pathology Department. With two decades of clinical experience and 15 years of teaching, he is dedicated to creating an engaging educational atmosphere for future dental professionals. He holds a Master of Science in Oral Pathology from the University of London (2010), Certificate in Medical Teaching from a joint program by the University of Liverpool and the University of Health Sciences in Lahore (2016). He attained the Bachelor of Dental Surgery from the University of Health Sciences, Lahore (2004).

His teaching career includes academician at Avicenna Dental College, Faryal Dental College and Lahore Medical and Dental College. In clinical practice, he has worked as a general dentist at Dental Syndicate since 2015 and previously at Cavalry Dental Clinic and Dentist & Dentist. He received certification in Medical Teaching in 2016. In recognition of his contributions to the field, he was awarded an Honorary Fellowship from the International College of Dentists in the USA in 2017. His research experience includes laboratory work at the Blizzard Institute of Cell and Molecular

Science, Queen Mary, University of London. He has published 12 original articles.



Associate Professor
Dr Mariyah Javed
BDS, M.Phil.

Dr. Mariyah Javed specializes in oral pathology and actively engaged in both teaching and research. With extensive experience at Shaikh Zayed Hospital in Lahore, Dr. Javed earned her M.Phil. in Oral Pathology from Shaikh Zayed Medical Complex in 2010 and completed her Bachelor of Dental Surgery at Fatima Memorial College of Medicine and Dentistry in 2002.

She has received several national and international awards from ORIC. Her expertise encompasses clinical ethics and informed consent, along with a strong ability to diagnose and evaluate oral health problems. Dr. Javed conducted significant research on "Mother-Child Pair Transmission of Streptococcus mutans" using Polymerase Chain Reaction techniques, reflecting her commitment to advancing knowledge in oral health.

Demonstrators

Dr. Abdul Nafay Qazi

Department of Anatomy



The Department of Anatomy provides foundational education in the structure and function of the human body, essential for dental practice. The curriculum covers detailed studies of oral and maxillofacial anatomy, including cadaveric dissection and 3D modeling. Through a blend of interactive sessions, hands on, and advanced imaging techniques, we ensure that students gain a thorough understanding of anatomical principles critical for clinical application and patient care. Our expert faculty is dedicated to delivering high-quality instruction and fostering a deep appreciation of anatomy's role in dentistry.



Head of Department

Prof. Dr. Atiya Mubarak Khalid

MBBS, FCPS, B.Sc., M.Phil. (Anatomy), CHPE

Prof. Dr. Atiya Mubarak Khalid is a renowned academician, researcher, and medical educationist with an illustrious career spanning several decades in the field of Anatomy and Basic Medical Sciences. Currently serving as Professor and Head of the Department of Anatomy at RCOD, she has made remarkable contributions to undergraduate and postgraduate medical education through her dedication to teaching, curriculum development, and academic leadership. Her distinguished professional journey includes serving as Dean of Rahbar Medical and Dental College, Founding Principal of Gujranwala Medical College, and Professor & Head of Anatomy at King Edward Medical University, Lahore.

Throughout her career, Prof. Dr. Atiya Mubarak Khalid has demonstrated exceptional commitment to academic excellence, research, and institutional development. She has supervised numerous M.Phil. and postgraduate research projects, contributed extensively to national and international medical literature, and served on various academic, ethical, and administrative boards of prestigious institutions. Her services have been recognized through multiple Lifetime Achievement Awards, reflecting her invaluable

contributions to medical education and the advancement of anatomical sciences in Pakistan.

Demonstrators

Dr. Roshnak Azam Khan

Dr. Arub Ahmed

Department of Physiology



The Department of Physiology at Rahbar College of Dentistry provides students with a comprehensive understanding of the body's physiological processes and their relevance to dental health. The curriculum integrates fundamental concepts of human physiology with their applications in dentistry, covering topics such as gastrointestinal, neurophysiology, cardiovascular function, and respiratory systems. Through interactive lectures, practical demonstrations, and hands-on labs, we ensure students grasp how physiological functions impact oral health and dental treatments. Our experienced faculty are committed to delivering an engaging and thorough educational experience, preparing students for effective clinical practice.



Head of Department

Prof. Dr. Saima Rizwan

MBBS, M. Phil (Physiology), CMT, Ph. D
Scholar

Prof Dr Saima Rizwan is an esteemed educator and researcher in Physiology, currently serving as Head of the Department (HOD) at Rahbar College of Dentistry. With over 14 years of experience, she holds an MBBS from King Edward Medical University (KEMU) and an M.Phil. in Physiology from the University of Health Sciences (UHS). Dr. Saima is a Ph.D. scholar and holds a Certificate in Medical Teaching (CMT). Her work focuses on integrating theoretical knowledge with clinical practice, particularly in the context of medical and dental sciences, and she is dedicated to inspiring students and advancing research in human physiology.

Demonstrator

Dr. Momina Amjad

Department of Biochemistry



The Department of Biochemistry at Rahbar College of Dentistry offers a thorough understanding of biochemical processes and their impact on oral health. The curriculum explores the chemical mechanisms underlying physiological functions, including metabolism, enzyme activity, and biochemical pathways relevant to dentistry. Through a combination of sessions, practical, and case studies, students gain insights into how biochemical principles affect dental treatment and patient care. Our dedicated faculty ensure that students are well-equipped with the knowledge needed to apply biochemistry in clinical and research settings.

Head of Department

Prof. Dr. Afshan Zareen Shafi

MBBS, M.Phil. Biochemistry

Dr. Afshan Bilal is serving as Professor of Biochemistry at Rahbar College of Dentistry, with expertise in the biochemical processes related to oral health. She specializes in the molecular mechanisms of oral diseases and the biochemical foundation of dental care. Dr. Bilal is dedicated to teaching students the essential biochemical principles for modern dental practice, while also conducting research to advance knowledge in areas such as dental caries, periodontal disease, and oral cancer. Her commitment to both education and research play a key role in shaping the future of dental professionals at Rahbar College

Demonstrator

Dr. Mahnoor Imran

Dr. Uliya Tariq

Department of Pathology

Head of Department

Prof. Dr. Saeed Afzal

MBBS, MCPS, FCPS (Histopathology)

The Department of General Pathology at Rahbar College of Dentistry offers essential education in understanding disease processes and their implications for oral health. Our curriculum covers a wide range of pathological conditions, including inflammatory, infectious, and neoplastic diseases affecting the oral and maxillofacial regions. Through lectures, practical labs, and case discussions, students learn to recognize, diagnose, and manage pathological conditions relevant to dentistry. The department provides students with a thorough understanding of pathology to enhance their diagnostic and clinical skills in dental practice.

Demonstrator

Dr Arooma Shaffaq

Department of Pharmacology

The Department of Pharmacology at Rahbar College of Dentistry plays a crucial role in equipping dental students with essential knowledge about medications and their effects on oral health. This department focuses on understanding drug mechanisms, therapeutic applications, and potential side effects relevant to dental pharmacological principles, integrating this knowledge into clinical dental practice, and conducting research to advance drug use in dentistry.

Core areas of study encompass the pharmacokinetics and pharmacodynamics of dental drugs, pain management, local anesthesia, and drug interactions. By bridging pharmacological theory with practical applications, the department ensures that dental professionals are well-prepared to make informed decisions about medication use, enhancing patient care and treatment outcomes in dental practice.

Head of Department:

Prof. Dr. Mushtaq Ahmed

MBBS, M.Phil (Pharmacology)

Department of Behavioral Sciences

The Department of Behavioral Sciences at Rahbar College of Dentistry is committed to advancing the understanding and application of psychological and social principles to enhance dental care and patient outcomes. This department delves into how human behavior, mental processes, and social interactions influence oral health and overall well-being. Its mission is to offer in-depth education and training in behavioral sciences, engage in innovative research on the psychological aspects of dental health, and integrate these findings into clinical practice to improve patient care.

Core areas of study include the psychology of health, patient behavior, stress management, communication skills, and the impact of social and cultural factors on dental health. With a team of experienced faculty members, the department not only enriches academic knowledge but also actively participates in community outreach to foster mental health awareness. By bridging the gap between behavioral science and dental practice, the Department of Behavioral Sciences at Rahbar College of Dentistry plays a crucial role in shaping effective dental care strategies and enhancing patient outcome.

Head of Department

Dr. Sadia Imran Cheema

Dr. Sadia Imran Cheema is the Head of the Department of Behavioral Sciences at Rahbar Medical & Dental College, Lahore.

She holds an MBBS degree and an MPhil in Behavioral Sciences from the University of Health Sciences (UHS), Lahore. She has also completed a Certificate in Medical Teaching (CMT) from the University of Liverpool in collaboration with UHS, reflecting her commitment to excellence in medical education. Dr. Sadia currently serves as an Assistant Professor in the Department of Psychiatry & Behavioral Sciences, where she contributes to teaching, academic development, and the integration of behavioral sciences into medical and dental education. In her role as HOD, she provides academic and administrative leadership to the department and promotes a holistic approach to student learning and professional development.

Department of Islamic Studies & Pakistan Studies

The Department of Islamic and Pakistan Studies at Rahbar College of Dentistry provides students with a deep understanding of Islamic principles and the history, culture, and socio-political context of Pakistan. Our curriculum integrates the study of Islamic values and historical perspectives with contemporary issues, promoting cultural awareness and ethical responsibility. Through discussion, students explore the significance of these subjects in shaping personal and professional conduct. The department aims to foster a well-rounded education by connecting these studies with the broader context of dental practice and societal contribution.

Faculty:

Mrs. Areeba Afzal

Mrs. Areeba Afzal is an experienced Islamic Studies teacher with a strong academic background and extensive teaching experience. She holds an M.A. in Islamic Studies from the University of the Punjab, an M.Ed. from Allama Iqbal Open University, and a B.S.Ed. in Botany, Zoology, and Chemistry. She has served as an Urdu and Islamiyat teacher at APS&C Jarrar Garrison and previously taught Urdu and Islamiyat at Garrison Academy, Quetta Cantt. Her professional development includes courses in Arabic Language, Tafseer-e-Quran, Hadees, and Tajweed, reflecting her comprehensive understanding of Islamic studies and Quranic education. She has also delivered lectures and talks on social and domestic issues in the light of the Quran and Sunnah for officers' and soldiers' families. With her combination of formal teacher training, subject expertise, and practical teaching experience, Mrs.

Areeba Afzal contributes effectively to Islamic Studies education and the character-building and moral development of students.

CLINICAL DEPARTMENTS

Department of Oral Medicine & Oral Diagnosis



The Department of Oral Medicine & Oral Diagnosis at Rahbar College of Dentistry is dedicated to diagnosing and manage a broad spectrum of oral and systemic conditions affecting the oral cavity. It focuses on integrating medical and dental knowledge to provide comprehensive care, emphasizing accurate diagnosis, effective treatment, and multidisciplinary collaboration. The department's core areas include oral diagnosis, oral medicine, management of chronic oral conditions, and oral manifestations of systemic diseases. With a team of expert faculty members and a commitment to cutting-edge research and education, the department enhances patient care and advances the understanding of complex oral health issues.



Head of Department
Associate Professor
Dr Ehsan Rathore
BDS, MCPS OM, CHPE

Dr. Ehsan Rathore is currently serving as the Head of the Oral Medicine Department at Rahbar College of Dentistry. He is dedicated to mastering oral diseases through precise diagnosis, effective treatment planning, and skilled intervention

His educational background includes a CHPE from the National University of Medical Sciences, a Fellowship from the International College of Dentists (Hon), a C-Implant certification from the Institute of Advanced Dental Sciences, and an MCPS in Oral Surgery from the College of Physicians and Surgeons, Pakistan. He earned his BDS from Baqai Medical University, Karachi.

Dr Rathore worked at Faryal Dental College and at Lahore Medical and Dental College. Dr. Rathore is a member of several professional organizations, including the Pakistan Society of Dental Surgeons. His volunteer efforts include working with WWF for wildlife protection, participating in earthquake relief efforts in Muzaffarabad, and organizing blood donation drives for thalassemia and hemophilia. In recognition of his contributions to the field, he received a Fellowship from the International College of Dentists in Kuala Lumpur, Malaysia, in October 2017.



Assistant Professor
Dr Ammara Anwar
BDS, MCPS, CHPE

Dr. Ammara Anwar is a dedicated dentist and educator with a strong focus on patient care and academic excellence. She holds an MCPS in Oral Surgery, a CHPE, and a B.D.S. from Army Medical College. With extensive experience in curriculum development, student assessment, and innovative teaching methods, Dr. Anwar has served as an Assistant Professor in Oral Medicine at multiple institutions, including Sharif Medical & Dental College and Azra Naheed Medical & Dental College.

Demonstrators

Dr. Roa Hatf Shahid

Dr. Amna Tanveer

Department of Periodontology



The Department of Periodontology at Rahbar College of Dentistry focuses on the prevention, diagnosis, and treatment of periodontal diseases affecting the gingiva and other supporting structures of the teeth. The curriculum covers a range of topics including prevention, diagnosis and treatment of gingival and periodontal diseases/conditions, along with surgical and non-surgical management of periodontal diseases. Students gain practical experience through clinical training and hands-on procedures, learning to manage conditions such as gingivitis, periodontitis, and other periodontal diseases. The department is committed to providing a comprehensive dental education that equips the

students with the skills needed to ensure optimal periodontal health and overall dental care.



Head of Department
Assistant Professor
Dr Mohammad Iftikhar Ahsen
BDS, FCPS

Dr. Muhammad Iftikhar Ahsan is the Head of the Department and Assistant Professor of Periodontology at Rahbar College of Dentistry. Dr. Iftikhar holds a FCPS in Periodontology from the College of Physicians & Surgeons, Pakistan, obtained in January 2021, and a Bachelor of Dental Surgery from Bolan Medical College, Quetta.

He brings extensive expertise in the prevention, diagnosis, and treatment of periodontal diseases, with specialized skills in non-surgical and surgical periodontal therapy, dental implant placement, and emergency dental care for medically compromised patients. Known for his meticulous attention to detail.

His professional journey includes significant roles at the University College of Dentistry, Lahore, where, he conducted undergraduate teaching, supervised postgraduate residents, and managed comprehensive patient care, enhancing his educational and clinical supervision skills. Additionally, Dr. Iftikhar is a specialist utilizing periodontal skills to cater referrals from other specialties. His strong critical thinking and analytical skills significantly enhance his

diagnostic capabilities, allowing him to tackle complex dental issues effectively.

Demonstrators

Dr. Ajwa Rahman

Dr. Ramsha Sajid

Dr. Maida Rehman

Department of Operative Dentistry



Focused on the diagnosis, prevention, and treatment of dental diseases and conditions, the department emphasizes a comprehensive approach to dental restorations and aesthetic enhancement. Through research and clinical practice, the Department of Operative Dentistry and Endodontics at RCOD strives to contribute to the advancement of the field and improve patient outcomes. The department has also been approved for postgraduate training by College of Physicians and Surgeons Pakistan, in recognition of its well-established infrastructure, advanced clinical facilities, and a learning environment that meets the required standards for higher dental education.



Principal (RCOD), Head of Department

Prof. Dr. Muhammad Nasir Saleem

BDS (Gold Med), FCPS, MSc, ICMT, FDS
RCPSG, PhD Scholar

Prof. Dr. Muhammad Nasir Saleem is an esteemed professional in Operative Dentistry, renowned for his extensive clinical and academic experience spanning over 25 years. His career is distinguished by his roles as Professor and Head of the Department of Operative Dentistry at the Institute of Dentistry, CMH Lahore Medical College, where he has been pivotal in shaping the department's direction.

Dr. Saleem's career trajectory includes his international experience, marked by his role as a Consultant in Operative Dentistry at Armed Forces Hospital, KANB Jubail, KSA, where he contributed to advanced dental care and practice. His academic journey is underscored by a PhD candidacy at the University of Veterinary and Animal Sciences, coupled with a Fellowship in Operative Dentistry from the College of Physicians and Surgeons of Pakistan. He earned an MSc in Aesthetic and Restorative Dentistry from the University of Manchester and is honored with a Fellowship from the Royal College of Surgeons Glasgow.

Prof. Dr. Saleem's leadership extends beyond his clinical and teaching roles. He has been actively involved in various administrative capacities, including serving as Chairman of the

Ethical Review Committee and managing the Private Dental Practice and Dental Stores at CMH LMC. He was also a core team member of the Mentorship Program, reflecting his dedication to both education and operational excellence. His innovative contributions to dentistry include securing a patent and design registration for a dental device, demonstrating his commitment to advancing dental technology and practice. He is an FCPS examiner/supervisor and as Principal of RCOD, he oversees the overall administration and academic excellence of the institution.



Assistant Professor

Dr. Hira Anjum

BDS, FCPS, CMT

Dr. Hira Anjum is working as Assistant professor in Operative Dentistry and Endodontics at Rahbar College of Dentistry since 2024. She graduated with a Bachelor of Dental Surgery (BDS) from Lahore Medical and Dental College in 2009. She pursued her post graduate residency at Institute of Dentistry, CMH Lahore Medical College and holds a fellowship (FCPS) in Operative Dentistry and Endodontics from the College of Physicians and Surgeons Pakistan. She further enhanced her professional credentials by completing Certificate in Medical Teaching (CMT) from King Edward Medical University. With an academic and clinical experience of 15 years, she is actively engaged in both undergraduate and postgraduate

dental education. She plays a key role in teaching, clinical supervision, academic mentoring, and assessment of undergraduate students, while also contributing to postgraduate training through guidance in advanced clinical practice and research methodology.

In addition to her academic responsibilities, she serves as Incharge of the Arts and Craft Society, encouraging student creativity and co-curricular engagement. She is also an active member of the Ethical Review Committee, where she contributes to ethical review processes, research mentoring, and the promotion of research-based learning within the institution.



Senior Registrar

Dr. Hira Imtiaz

BDS, FCPS

Dr. Hira Imtiaz is a skilled and dedicated dental professional with extensive clinical and academic experience in Operative Dentistry and Endodontics. She graduated in 2012 from the 'Montmorency College of Dentistry, where she built a strong foundation in clinical dentistry and patient-centered care. Dr. Imtiaz later earned her Fellowship (FCPS) in Operative Dentistry & Endodontics from College of Physicians and Surgeons.

Alongside her clinical practice, Dr. Hira Imtiaz actively contributes to undergraduate and postgraduate dental education. She is

committed to mentoring students, enhancing pre-clinical and clinical skills training, and promoting research-based learning in Operative Dentistry and Endodontics.

She is also an active member of Literary Society RCoD.

Demonstrators

Dr. Huda Mehmood

Dr. Ahmed Arshad

Dr. Shahbano Basit

Dr. Fatima Wasif (**Postgraduate trainee**)

Department of Prosthodontics



The Department of Prosthodontics deals with comprehensive rehabilitation of missing dentition and surrounding structures to restore physical, functional, mental and aesthetic well-being of patients. The department focuses on educating and training students about the principles of managing oral conditions through contemporary and advanced clinical techniques. The undergraduate prosthodontic training commences from second year of BDS program and spreads over three years. It consists of laboratory and clinical modules. The core competencies of Department are removable prosthodontics, fixed prosthodontics, implant dentistry,

maxillofacial prosthodontics, digital dentistry, temporomandibular disorders and advanced aesthetic procedures.

Department of Prosthodontics manages Comprehensive Care Dentistry clinic as an innovative teaching and integrated learning facility for the graduates of Rahbar College of Dentistry, Lahore. This shall improve their skills of independent general dentistry practice immediately after graduation.



**Head of Department,
Director Research & Development Cell**

Prof. Dr. Hina Zafar Raja

BDS, FCPS, MSc (Hons.) FDS, ICMT RCPSG,
PhD Scholar

Prof Dr Hina Zafar Raja is a distinguished prosthodontist with over 24 years of experience in clinical practice and academia. She earned her Bachelor of Dental Surgery from de' Montmorency College of Dentistry, Lahore, and advanced her expertise with an F.C.P.S. in Prosthodontics from the College of Physicians and Surgeons, Pakistan, in 2007. Dr. Raja enhanced her education with an MSc (Hons.) in Fixed and Removable Prosthodontics from King's College London. Her academic and professional qualifications are complemented by prestigious fellowship of the Royal College of Physicians & Surgeons Glasgow (FDS RCPSG, 2024). She also has an international certification in medical teaching from University of Liverpool, UK and is a PhD scholar at the University of Veterinary and Animal Sciences, Pakistan.

Prof Raja holds a keen interest in research and development. She conducted and supervised multiple research projects and produced numerous publications. She is the first female dentist who invented a maxillofacial device entitled, “***Pronasale’ With its Novel Impression technique***”, that was granted US patent as well as patent from Government of Pakistan in 2023. Her leadership roles extended to being the President of the Pakistan Association for Dental Research (2020-2021) and Pakistan Prosthodontics Association. She held the position of Country Representative for the Asian Academy of Prosthodontics and represented Pakistan at numerous international forums, including Kingdom of Saudi Arabia and Japan.

She is a seasoned teacher and a renowned clinician in her field. During her professional journey, she served at senior faculty positions in Prosthodontics in Lahore Medical & Dental College and Institute of Dentistry, CMH Lahore Medical College, Lahore. She also held administrative positions of In charge House officers’ Program, Administrative head Comprehensive Care dentistry and Implant Clinic, Innovation lead L-ORIC, and In charge Intra Mural Practice in CMH LMC & IOD. She is a post graduate FCPS supervisor, examiner and a faculty member of College of Physicians and Surgeons Pakistan. She had also worked as a Consultant Prosthodontist in Armed Forces Hospital, Jubail, Kingdom of Saudi Arabia and a member of faculty promotion board of King Khalid University, Saudi Arabia.

Dr. Raja organized multiple national and international conferences and facilitated numerous workshops. She reestablished the Journal of Pakistan Prosthodontics Association on digital platform. She is a

reviewer of many journals and a Managing Editor of the Journal of Pakistan Prosthodontics Association.

Currently she is the Director of Research & Development cell at Rahbar College of Dentistry, Lahore to make it the best learning place for budding professionals.



Assistant Professor
Dr Junaid Altaf
BDS, FCPS

Dr. Junaid Altaf is an Assistant Professor at Rahbar College of Dentistry, where he actively contributes to both teaching and professional development in the field of dentistry. He has organized numerous significant events, including the 3rd Pakistan Prosthodontic Association Conference at NUST in 2014 and the Pro taper Endodontic Workshop at the Armed Forces Institute of Dentistry (AFID) the same year. Dr. Altaf has attended key seminars on topics such as the management of temporomandibular joint disorders, the latest trends in nanotechnology, and facial gunshot wound management. His dedication extends to organizing initiatives like Cross Infection Control Week and Oral Health Day at AFID. Additionally, Dr. Altaf has played a vital role in student selection as an interviewer for Multiple Mini Interviews at Avicenna Dental College.



Assistant Professor
Dr. Fizza Tahir
BDS, FCPS

Dr. Fizza Tahir is a highly skilled Prosthodontist with a robust academic background and extensive practical experience in the field. She completed her post-graduate residency in Prosthodontics and earned her Fellowship (F.C.P.S II) from the Institute of Dentistry, CMH Lahore Medical College. Dr. Tahir's educational journey also includes a bachelor's in dental surgery from the same institution, supplemented by her early training during a house job at the Institute of Dentistry. Throughout her career, Dr. Tahir has demonstrated exceptional dedication to patient care and clinical excellence. Her achievements include securing top positions in professional exams and competitions, such as winning gold and silver medals and excelling in national dental conferences. She has also made significant contributions through poster presentations, showcasing her expertise and commitment to advancing the field of prosthodontics. As a former demonstrator and house officer, Dr. Tahir's comprehensive experience in both clinical and academic settings underscore her capability and passion for delivering high-quality dental care.

Demonstrators

Dr. Sidra Haleem

Dr. Rabia Amjad

Dr. Ammara Kiran

Dr Fahad Naeem (Postgraduate Trainee)

Comprehensive Care Dentistry Clinic



Rahbar College of Dentistry provides a comprehensive range of dental treatments and services through its well-equipped dental units. The facility focuses on delivering high-quality, patient-centered care of multiple disciplines in one clinical setting, ensuring that all aspects of oral health are managed effectively. It encompasses a comprehensive approach to prepare graduates for real life practices in dentistry.

RCoD comprehensive care begins with a thorough examination followed by personalized treatment plans which includes routine check-ups, cleanings, fillings, and extractions. Emphasizing the importance of preventive care features sealants and fluoride

treatments to protect and strengthen teeth. A range of restorative procedures to address issues such as cavities, cracked teeth or missing teeth these treatments encompass crowns, bridges, and dentures to restore function and appearance. Cosmetic services include teeth whitening, veneers, and bonding to enhance smiles. Endodontics covers root canals and apicoectomies, and oral surgery handles impacted tooth removals and jaw corrections. Prosthodontics involves implants and full mouth reconstructions.

Clinical facility is equipped with modern technology such as digital X-rays, CBCT, digital cameras, absolute sterilization protocols, ensuring high-quality patient-centered care. This collaborative approach ensures that each patients receive the most appropriate and effective care for their unique dental needs.

Comprehensive care model prepares dental students to be supervised with a holistic approach of patient management in earlier part of their educational years as compared to the traditional teaching model, which compels a dental graduate to experience the situation practically, in their professional career, without any supervision.

Department of Orthodontics



The Department of Orthodontics at Rahbar College of Dentistry specializes in the diagnosis, prevention, and treatment of dental and facial irregularities. Our curriculum provides in-depth training on various orthodontic techniques, including braces, aligners, and corrective appliances. Through a combination of lectures, hands-on practice, and clinical experience, students learn to manage malocclusions and align teeth to improve both function and aesthetics. The department aims to equip students with the advanced skills and knowledge necessary to provide comprehensive orthodontic care and contribute to enhancing patients' overall dental health and appearance



Head of Department

Professor Dr Farhat Amin.

BDS. FCPS. MCPS.CMT.CHR

Prof Dr Farhat Amin holds multiple qualifications, including FCPS (Fellow of the College of Physicians and Surgeons of Pakistan) in Orthodontics, MCPS (Member of the College of Physicians and Surgeons Pakistan) in Oral Surgery, and a BDS (Bachelor of Dental Surgery) from de' Montmorency College of Dentistry, Lahore, Pakistan.

Dr Amin, she served as a Professor of Orthodontics and Head of Department at Faryal Dental College from June 2019 to August 2024. She was a Professor of Orthodontics and Vice Principal at Rashid Latif Dental College, Lahore (2018-2019), and held the position of Associate Professor and Head of Orthodontics there from 2017 to 2018. She worked as an Associate Professor at King Khalid University in Abha, Saudi Arabia (October 2014 – September 2017), and at The University of Lahore, Pakistan (February 2012 – October 2014). She completed her postgraduate training in Orthodontics at Children's Hospital Lahore and de' Montmorency College (2000-2004).

Dr Amin has presented at several national and international conferences. She has demonstrated strong administrative' and organizational skills by conducting certificate courses and

workshops in Orthodontics at Faryal Dental College. Dr Amin has completed a Certificate Course on Telehealth & Telemedicine from UHS (2020), a Certificate in Health Research (CHR) from the University of Lahore (2020-2021), and a Certificate in Medical Teaching (CMT) from the University of Health Sciences Lahore (2021).



Assistant Professor
Dr Maira Mubashar
BDS, FCPS.

Dr. Maira Mubashar, is deeply involved in clinical teaching and academic activities, bringing a wealth of knowledge and expertise to her role. Dr. Mubashar completed her dental education and orthodontic training at Lahore Medical & Dental College (LMDC), where she laid a strong foundation in advanced orthodontic techniques. Her academic excellence was further recognized with the prestigious Allama Iqbal Gold Medal for Best Graduate from the University of Health Sciences, a testament to her exceptional performance throughout her studies.

Her academic career is marked by numerous accolades, including top placements in professional BDS examinations, where she

achieved 1st positions in the Second, Third, and Final Professional Examinations at the University of Health Sciences. She has been awarded an impressive total of 24 gold medals and 4 silver medals, reflecting her unparalleled expertise across various disciplines. Her awards span multiple subjects, including Physiology, General Pathology, Science of Dental Materials, Pharmacology, General Medicine, Oral Pathology, and more, underscoring her comprehensive mastery of the dental sciences. Dr. Mubashar's contributions to orthodontics and dental education highlight her dedication to advancing the field and fostering excellence in clinical practice and academic scholarship.



Senior Registrar
Dr. Eesha Munib,
BDS, FCPS

Dr. Eesha Munib is a highly qualified orthodontist, holding a BDS degree and an FCPS in Orthodontics. She currently serves as a Senior Registrar in the Department of Orthodontics at Rahbar Medical College. With a strong commitment to providing personalized care, Dr. Munib specializes in both functional and aesthetic orthodontic treatments. She is dedicated to advancing her knowledge and expertise while also mentoring junior residents and

dental students, contributing to the development of future orthodontic professionals.

Demonstrators

Dr. Laila Ateeq

Dr. Aneela Hidayat (Postgraduate Trainee)

Department of Oral & Maxillofacial Surgery



Range of procedure include Simple and complex tooth extractions (exodontia), Treatment of maxillofacial trauma, surgical management of maxillofacial pathology (such as cysts and tumors), Correction of craniofacial deformities, including oro-facial clefts, Surgical management of temporomandibular disorders and orofacial pain. The undergraduate curriculum in this field provides students with exposure to various procedures and hands-on clinical training under supervision, ensuring they acquire the essential skills needed for their future careers as dentists.



Head of Department Oral & Maxillofacial Surgery

Prof Ashfaq Ur Rahim Vice Principal (RCOD)
MBBS, FCPS, CMT, FAOCMF

Prof. Dr. Ashfaq Ur Rahim is an esteemed expert in the field of Oral & Maxillofacial Surgery, holding advanced qualifications that reflect his extensive experience and commitment to patient care. He is a graduate of BDS with further specialization through FCPS and CMT (UHS). Prof. Dr. Rahim is also a fellow of the Academy of Oral & Maxillofacial Surgery (FAOCMF, UK) and is certified in oral cancer management and microvascular reconstruction from Sri Lanka. Currently serving as the head of department of Oral & Maxillofacial Surgery and Vice Principal. He has made significant contributions to the field, particularly in complex reconstructive surgeries and oral cancer care. His distinguished academic and clinical expertise, coupled with his leadership in advancing Oral & Maxillofacial Surgical practices makes him a highly respected figure in the medical community.



Brig (Retd.) Dr Babar Pasha

Assistant Professor Oral & Maxillofacial Surgery

SI(M), BDS, MCPS, FCPS (OMFS), CHPE

Brigadier (Retired) Dr. Babar Pasha SI(M), BDS, MCPS, FCPS (OMFS), CHPE, graduated from Nishtar Medical College in Multan in 1987 and was commissioned as a Captain in the Army Dental Corps in 1989. He specialized in Maxillofacial Surgery at AFPGMI Rawalpindi in 1994 and later earned his MCPS and FCPS in Oral and Maxillofacial Surgery from CPSP Karachi in 2000 and 2013, respectively.



Dr Bushra Mazhar

Assistant Professor Oral & Maxillofacial Surgery

BDS, MFD RCS (Ireland), FCPS

Dr. Bushra Mazhar, BDS, MFD RCS (Ireland), FCPS (OMFS), is a distinguished graduate of Fatima Memorial Hospital College of Dentistry. She holds Membership in the Faculty of Dentistry, Royal College of Surgeons in Ireland, and completed her Fellowship of College of Physicians and Surgeons Pakistan, at the Institute of Dentistry, CMH Lahore Medical College. Since 2015, Dr. Mazhar has been actively engaged in undergraduate teaching and academics and currently serves as an Assistant Professor, at Rahbar College of Dentistry, Lahore.

Demonstrators:

1. Dr. Vaffa Shahid Khan (BDS)

Post Graduate Trainee:

1. Dr Asad Ullah

Department of Pediatric Dentistry

The Department of Pediatric Dentistry at Rahbar College of Dentistry provides specialized care for children and adolescents. Our curriculum focuses on the unique aspects of dental treatment for younger patients, including preventive care, diagnosis, and management of dental issues specific to pediatric populations. Students receive hands-on training in child-friendly environment, behavioral management, and the treatment of common dental conditions in children. The department aims to prepare students to deliver compassionate and effective dental care tailored to the needs of young patients and their families



Head of Department
Professor Dr. Omer Yousuf
BDS, FCPS

Prof. Dr. Omer Yousaf is currently serving as Head of the Pediatric Department at Rahbar College of Dentistry. His teaching experience includes Lahore Medical & Dental College and Sharif Medical & Dental College.

In addition to his academic achievements, Dr. Yousaf has maintained a robust clinical practice as a Consultant Endodontist and Restorative Dental Surgeon at Rahman & Rahman Dental Surgeons in DHA Lahore since June 2007. His postgraduate training includes an FCPS II residency in Operative Dentistry at Lahore Medical & Dental College, completed under the mentorship of Prof.

Dr. Muhamad Yousuf from CPSP. He holds a Bachelor of Dental Surgery from Army Medical College and NUST, Rawalpindi (1999-2003).

Dr. Yousaf has participated in numerous conferences, such as the 7th International Dental Conference in Islamabad and the APDC in Karachi. He has presented seminars on various topics and contributed to the organization of scientific sessions, reflecting his dedication to advancing dental education and practice.



Faculty
Senior Registrar
Dr Zehra Abbas
BDS, FCPS

Dr. Zehra Abbas is a skilled specialist in Operative Dentistry and Endodontics, with an FCPS Part II qualification. Currently serving as a Senior Registrar at Rahbar College of Dentistry, she excels in advanced restorative procedures and root canal treatments. Dr. Abbas is proficient in modern dental technologies and is committed to patient comfort, education, and satisfaction. With a strong focus on continuous learning and collaboration with multidisciplinary teams, she ensures the best outcomes for her patients. Dr. Abbas provides high-quality, ethical care and is eager to contribute her expertise to a progressive dental practice.

Demonstrator

Dr. Mashal Fatima

Department of Surgery and Allied

The Department of Surgery and Allied at Rahbar College of Dentistry focuses on providing students with a solid foundation in surgical principles and techniques relevant to dental practice. Our curriculum covers a range of topics, including oral and maxillofacial surgery, minor surgical procedures, and allied disciplines. Through a combination of lectures, hands-on training, and clinical experiences, students gain practical skills and theoretical knowledge essential for effective surgical care in dentistry. Our expert faculty are dedicated to preparing students for successful careers by integrating advanced surgical techniques with patient-centered care.



Head of Department

Assistant Professor

Dr. Muhammad Siddique

Dr Siddique brings extensive medical and surgical expertise to the academic settings of Rahbar College of Dentistry, contributing to the education and training of future healthcare professionals. His responsibilities include teaching, supervising, and mentoring students, as well as engaging in clinical practice and research. He intends to integrate surgery into both educational and practical aspects of medical care, ensuring that students receive high-quality instruction while fostering an environment of learning and professional development.

Department of General Medicine & Allied

General medicine (or internal medicine) focuses on diagnosing, treating, and preventing a wide range of diseases in adults. Internists manage both acute and chronic conditions, such as diabetes, heart disease, and infections, using a holistic, patient-centered approach. It offers preventive care and coordination with specialists, for multi-system illnesses. Their role is crucial in both primary care and hospital settings, ensuring comprehensive care for patients of all ages.



Head of Department

Assistant Professor

Dr. Muhammad Arshad Khan

He is a qualified medical professional with an MBBS from King Edward Medical University, Lahore (2004-2009), and advanced training in General Medicine, including an MD III (Final) in 2019. Dr. Khan served as a Senior Registrar at Pak Red Crescent Medical and Dental College, and as a Medical Officer at Mayo Hospital, Lahore.

Department of Dental Education



The Department of Dental Education is dedicated to advancing the quality of dental education through innovative teaching methods and curriculum development. Department focus on training future dental professionals by integrating evidence-based practices, effective pedagogy, and hands-on clinical experience. The goal is to enhance educational standards and prepare students for successful careers in dentistry. The department's faculty are committed to fostering a dynamic learning environment and supporting the continuous improvement of dental education programs



Head of Department

Dr Saima Norin

BDS, MHPE

Dr. Saima Norin serves as Head of the Department of Dental Education, leveraging her clinical background and advanced expertise in health professions education to promote excellence. Her leadership is dedicated to strengthening evidence-based curriculum design, enhancing student-centered learning, and promoting innovation in teaching and assessment.

She holds a master's degree in health Professions Education from Khyber Medical University (2021–2023) and a Bachelor of Dental Surgery from Baqai Medical University (1997–2001), combining clinical practice with contemporary educational pedagogy. Her academic interests include student-centered learning, assessment equivalence, and the development of professionalism and compassion in healthcare training.

Dr. Norin has contributed to educational research focusing on compassion fatigue among postgraduate trainees in Pakistan and coping strategies among dental students in clinical learning environments. She also completed an internship at the School of Health Professions Education (SHaPE), CMH Lahore Medical and Dental College, where she contributed to curriculum design and

educational material evaluation, strengthening her expertise in quality assurance and educational development.

Her teaching philosophy emphasizes active learner engagement, compassion, and ethical practice, aiming to foster both academic excellence and professional growth in future healthcare professionals.

Demonstrator/s

Dr. Taabir Binte Khalid

Dr. Shujiya Aimen

Research & Development Cell



Research and Development cell at Rahbar College of Dentistry is a cornerstone of progress, driving innovation, solving problems, and contributing to the overall institutional intellectual property profile. Its importance cannot be overstated in today's rapidly changing world. The scope of R&D cell is to foster a culture of creativity and experimentation for faculty and students of Rahbar College of Dentistry, Lahore

Objectives:

1. Promote and facilitate collaborative and/or interdisciplinary research.

2. Enhance research infrastructure and networking capacity.
3. Increase and effectively manage the resources.
4. Provide education and training in research and related skills, for undergraduate students & faculty.
5. Contributes to the university's strategic educational and research missions and to support synergies between research, teaching and learning.
6. Transfers the outcome of research or the knowledge gained through research to the community.
7. **Advisory Board**
 - Chairman RCoD
 - Vice Chairman RCoD
 - Principal RCoD
 - Director R&D

Council/ Advisory Committee:

Prof. Dr. Hina Zafar Raja - Director

Technical Review Committee

- Prof. Dr. Fahad Mehtab Dogar
- Dr. Mariyah Javed
- Dr. Maira Mubashar
- Dr. Bushra Mazhar
- Hafiz. M. Jasim (Biostatistician)

Ethical Review Committee Team Members

- Prof. Dr. Saima Rizwan
- Dr. Ammara Anwar
- Dr Hira Anjum
- Islamic Scholar
- Lawyer: Mr. Farman Ali
- Farhan Aziz – General Population

- Maria Khan – General Population
- Hafiz. M. Jasim (Biostatistician)

Development Team Members

- Dr. Shaher Bano (Secretary)
- Dr Saima Norin
- Dr Sidra Haleem

Student Research Council

- Qamroosh
- Hijab Zahra
- Ushna Atif
- Arwa Fatima
- Tanavash Raj
- Rameen
- Aleeha Farooq
- Muhammad Bilal
- Cooperate members can be added as per the research activity.

Admission Policy

Eligibility Criteria

Program	Bachelor of Dental Surgery (BDS)
Duration	4 Years + 1 Year House Job (5 Years Total)
Affiliation	University of Health Sciences (UHS), Lahore
Recognition	Pakistan Medical & Dental Council (PM&DC)
Academic Session	2026–27
Minimum Qualification	FSc. (Pre-Medical) or equivalent
Minimum Marks	As per PM&DC/UHS guidelines
MDCAT	Required — as per PM&DC regulations

Student Categories

- Open Merit (Pakistan Nationals)
- Self-Finance Category
- Armed Forces / Rangers Quota
- Overseas Pakistani Quota

- Foreign Nationals

Guidelines for Applicants

Applicants are required to carefully read all instructions before submitting their applications. The college follows the admission policy prescribed by PM&DC and UHS. All documents must be submitted within the prescribed deadline. Admission will be provisional until all original documents have been verified.

Attendance Policy

Minimum attendance of 85% is MANDATORY individually in each subject (lectures / practical / clinical sessions) to qualify for the UHS annual examination. This will be strictly enforced.

The attendance of subjects not being examined in the same year will also be carried forward until the year of examination of that subject and will be included in the minimum 85% attendance calculation. Any type of leave, including medical leave, will not condone a deficiency in attendance.

Academic Performance

Attaining a minimum of 50% marks individually in each subject in class tests / block tests / final term / pre-annual examinations is MANDATORY. A student may be dropped from appearing in the

University examination by the Principal on account of poor academic performance.

Assessment Policy

RCoD follows a comprehensive and continuous assessment framework aligned with PM&DC and UHS guidelines, ensuring students are rigorously evaluated throughout their academic journey.

Assessment Components

Class Tests	Conducted periodically by departments to assess ongoing learning
Block / Sessional Tests	Comprehensive subject-wise tests held at defined intervals
Pre-Annual Examination	College-level examination held before the University examination
University Annual Examination	Conducted by UHS — the qualifying examination for each year
Practical / OSPE / VIVA	Clinical and practical assessment components as applicable
Minimum Pass Marks	50% individually in each subject
Eligibility for University Exam	85% attendance + 50% marks in college assessments

The assessment policy is designed to promote continuous learning, identify areas needing improvement, and ensure graduates meet the highest standards of dental competency.

Transfer and Migration

Transfer and migration of students is governed strictly by the rules and regulations of PM&DC and UHS. Students wishing to transfer or migrate must fulfill all prescribed criteria and follow the laid-down procedure.

- Applications for transfer/migration must be submitted within the prescribed window.
- Eligibility and acceptance of transfer credits are determined by the Academic Council.
- The decision of the Principal in all transfer and migration matters shall be final.
- Transfer/migration to and from foreign institutions requires additional approvals as per PM&DC rules.

Code of Conduct

Academic Regulations

Mandatory compliance is expected of all rules and regulations as per the undertaking given at the time of admission. All fines imposed and disciplinary actions taken will be mentioned on the college leaving certificate.

Disciplinary Regulations

- Ragging is strictly prohibited. Anyone found guilty will face heavy fines and disciplinary actions including rustication/expulsion.
- Students must always wear a white coat AND ID tags during academic hours.
- The appearance and dress code must conform to the accepted norms and dignity of the profession.
- Any type of political activity, demonstration, protest, or procession is strictly prohibited.
- Use of alcohol, drugs, and keeping of arms of all types are strictly prohibited. The offender will be expelled.
- College and hostel premises are strict 'NO SMOKING' zones.
- Any misconduct/negligence endangering the life, health, or safety of others will be treated as a serious offense.
- Theft, fraud, and impersonation will bring severe punitive action.
- Parking of student vehicles inside college premises is not allowed.

Disciplinary Committee

Convenor	VP Prof. Dr. Ashfaq — HOD Oral and Maxillofacial Surgery
Member	Dr. Muhammad Behzad Salahuddin — HOD Oral Pathology
Member	HOD Behavioral Sciences
Member	Dr Saima Norin — HOD Dental Education
Member	Deputy Director Administration

College Infrastructure & Educational Resources

Rahbar College of Dentistry is designed with a sophisticated infrastructure that caters to the diverse needs of its students and faculty, providing a state-of-the-art environment for dental education and practice.

Ground Floor Facilities

- Diagnostic Department — OPG X-rays and CBCT (Cone Beam Computed Tomography)
- OPD with spacious waiting area for over 200 patients
- Orthodontics Department
- Periodontics Department
- Oral Surgery Department
- Oral & Maxillofacial Surgery Department with separate Operation Theatre
- Prosthodontics Department
- Operative Dentistry Department (restorative treatments)
- Pediatric Dentistry Department (child-friendly dental care)
- Comprehensive Care Clinic (multidisciplinary learning)
- Central Sterile Services Department (CSSD)
- Consultants' Clinics
- Research & Development Cell
- Meeting conference room
- Faculty Lounge
- Kitchenette

First Floor Facilities

- Ceramic Lab
- Prosthetic Labs
- Dental Museum
- Cephalometric/Orthodontics Room
- Multipurpose Lab
- Skills Lab (simulators and phantom head laboratories)
- Tutorial Rooms / SGD rooms with LED screens and microphones
- Lecture Halls with projectors and comfortable seating
- Separate Common Rooms for Girls and Boys
- Conference room

Digital Resources

College Website	https://rcod.com.pk/rd/ — global access to institutional portfolio
Learning Management System (LMS)	Virtual platform for online learning and continuity of education
Digital Resource Centre (LRC)	Over 3,000 PDF books and 800 video tutorials via local network
HEC Digital Library	Linked through dedicated IP address for access to academic databases

Wi-Fi	Dual Internet Service Providers (ISPs) + 4G backup for uninterrupted connectivity
Library	Comprehensive collection of dental/medical books; SPSS, Endnote & NVivo installed
Punjab Rangers Teaching Hospital	Tertiary Care Hospital

Support Facilities

- Cafeteria — freshly prepared meals with locally-sourced ingredients
- Daycare Facility — 5 days a week for children of students, faculty & staff
- Counselling Cell — mental health support, workshops & crisis management
- Mentorship Program — pairing mentors with small groups (3–5 students) for personal & professional development
- Girls & Boys Hostels within campus

Extra-Curricular & Co-Curricular Activities

Extra-curricular activities are an important aspect of student campus life. Students at RCoD are encouraged to participate in a variety of activities to develop personal interests and foster interpersonal skills and team spirit.

Sports Club

President: Prof. Dr. Omair Anjum — Dept. of Science of Dental Materials

Promotes physical fitness, fosters teamwork and sportsmanship. Organizes annual sports events, team practices, indoor/outdoor games and sports-related activities throughout the campus.

- Cricket Club
- Badminton Club
- Football Club
- Table tennis Club
- Basketball Club
- Weightlifting Club
- Chess Club
- Volleyball Club

Art & Design Society

President: Dr. Ehsan Rathore — Dept. of Oral Medicine and Oral Diagnostics

Promotes creativity and craftsmanship, encouraging students to develop and showcase artistic talent through drawing, painting, sculpture and other crafts.

1-Dramatics Club

In charge: Brig. Dr. Babar Pasha — Dept. of Oral & Maxillofacial Surgery

Provides students the opportunity to express themselves through acting, directing, and theatre. Activities include stage and theatre plays and regular script practice sessions.

2-Music Society

In charge: Prof. Dr. M Behzad Salahuddin — HOD Oral Pathology
Identifies and promotes musical talent through various musical activities. Showcases student performances, invites guest musicians and collaborates with other college organizations.

3-Arts & Crafts Society

In charge: Dr. Hira Anjum — Dept. of Operative Dentistry & Endodontics

A collaborative canvas where diverse disciplines meet to transform raw imagination into tangible reality.

Literary Society

President: Prof. Dr. Omer Yousaf— HOD Pediatric Dentistry

Provides a platform to promote literary appreciation, creative writing, literary analysis and critical thinking across genres including debates, poetry and the college magazine.

1-Debating Society

In charge: Dr. Junaid Altaf — Dept. of Prosthodontics

Promotes critical thinking and public speaking. Engages in structured debates, competitions and invites guest speakers and academics.

2-College Magazine

In charge: Prof. Dr. Saima Rizwan — HOD Physiology

Publishes a literary magazine showcasing members' creative writing, literary work and academic contributions.

3-Poetry Club

In charge: Dr. Asad Mehmood — HOD Oral Biology & Morphology

Celebrates poetry in its various forms, hosts open-mic performances and themed poetry writing sessions.

4-Naat & Qirat Society

In charge: Dr. Mariyah Javaid — Dept. of Oral Pathology

Focuses on the recitation and appreciation of Islamic poetry (Naat) and Quranic recitation (Qirat), organizing competitions and regular recitation gatherings.

Co-Curricular Committees

President: Dr. Ashfaq Rahim — HOD Oral And Maxillofacial Surgery and V/P

Career Counseling Committee

In charge: Dr. Fizza Tahir — Dept. of Prosthodontics

Provides guidance, support and resources to help students make informed decisions about their academic and career paths. Conducts individual counseling, career assessment sessions, resume writing workshops, interview skills training and guest lectures by professionals.

Character Building Committee

In charge: Dr. Zehra Abbas — Dept. of Pedodontics

Focuses on nurturing positive character traits, ethical values and personal development. Organizes community service activities, volunteering initiatives and sessions on integrity, empathy, responsibility and resilience.

Communication Skills Committee

In charge: Dr. Ammara Anwar — Dept. of Oral Medicine & Diagnostics

Enhances verbal, non-verbal, written and interpersonal communication. Conducts workshops on public speaking, body language, voice modulation, debates and presentation skills.

Curriculum Committees

BDS 1st Year

Convenor	Prof Dr. Asad Mahmood — HOD Oral Biology
Member	Prof Dr. Atiya Mubarak Khalid — HOD Anatomy
Member	Prof Dr. Saima Rizwan —HOD Physiology
Member	Dr. Afshan Bilal — HOD Biochemistry
Member	Dr. Saima Norin — HOD Dental Education
Member	HOD Behavioral Sciences
Invited	CR & GR, 1st Year BDS

BDS 2nd Year

Convenor	Prof Dr. Omair Anjum — HOD Dental Materials
Member	HOD Pharmacology
Member	Prof Dr Fahad Dogar
Member	Dr. Saima Norin — HOD Dental Education
Member	HOD Behavioral Sciences
Invited	CR & GR, 2nd Year BDS

BDS 3rd Year

Convener	Prof. Dr. Muhammad Behzad — HOD Oral Pathology
Member	Dr. M. Iftikhar Ahsen — HOD Periodontology
Member	Dr. Ehsan Rathore — Associate Prof. & HOD Oral Medicine
Member	Dr. Arshad — HOD General Medicine
Member	Dr. Siddique — HOD General Surgery
Member	Dr. Saima Norin — HOD Dental Education
Member	HOD Behavioral Sciences
Invited	CR & GR, 3rd Year BDS

BDS Final Year

Convenor	Prof. Dr. Hina Zafar Raja — HOD Prosthodontics
Member	Prof. Dr. M. Nasir Saleem — HOD Operative Dentistry
Member	Prof. Dr. Farhat Amin — HOD Orthodontics
Member	Prof. Dr. Omer Yousaf — HOD Pediatric Dentistry

Member	Prof. Dr. Ashfaq Ur Rahim — HOD Oral & Maxillofacial Surgery
Member	Dr. Saima Norin — HOD Dental Education
Member	HOD Behavioral Sciences
Invited	CR & GR, 4th Year BDS

Mandatory Legal Submissions

Student Undertaking at Admission

The following undertaking is to be signed by the candidate and parents/guardian at the time of submission of the admission form. The student declares that all information provided is correct and undertakes to abide by the Code of Conduct of Rahbar College of Dentistry and all rules, regulations and instructions issued by the administration from time to time.

Key undertaking clauses: 75% attendance individually in each block and in aggregate / 50% marks in class/send-up examinations / No false/fake documents submitted / Adequate financial resources / Not expelled from any Medical/Dental college / Not convicted by any court of law / Compliance with PM&DC and UHS regulations.

Medical Fitness Certificate

A medical fitness certificate is required from all admitted students, signed and stamped by a registered medical practitioner (with PMDC No.). The certificate confirms that the student is in good health, free from major medical conditions, and free from communicable diseases including Hepatitis and COVID-19.

Admission Offer Acceptance Undertaking

Students are required to declare whether they are currently admitted to any other MBBS/BDS program. Candidates already admitted elsewhere must have cancelled their previous admission before accepting the offer at RCOD. Failure to disclose such information will result in cancellation of the admission offer.

Acknowledgements

Rahbar College of Dentistry gratefully acknowledges the contributions of all faculty, staff and students who made this prospectus possible.

Contributors

- Prof. Dr. Hina Zafar Raja
- Dr. Fizza Tahir
- Dr. Rabia Amjad
- Dr. Arub Ahmed
- Dr. Mahnoor Arshad
- Dr. Rabiya Amjad
- Dr. Amina Imran

Photography Credits

- Dr. Fizza Tahir
- Dr. Mahnoor Arshad
- Dr. Rabiya Amjad
- Dr Arub Ahmed

*Rahbar College of Dentistry / Lahore, Pakistan /
www.rcod.com.pk / Academic Session 2026-27*