



# **RAHBAR COLLEGE OF DENTISTRY PROSPECTUS**

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## **Rahbar College of Dentistry, Lahore**

In 2024, Lahore is set to witness the dawn of a new era in dental education with the inauguration of Rahbar College of Dentistry. This state-of-the-art institution is poised to redefine the landscape of dental training in Pakistan, meeting the rigorous standards set by the Pakistan Medical and Dental Council (PM&DC). Rahbar College of Dentistry is committed to produce skilled and compassionate dental professionals, ready to tackle the challenges of the future.

Rahbar College of Dentistry offers a comprehensive 4-year Bachelor of Dental Surgery (BDS) program followed by one year House Job, meticulously designed to equip students with a solid foundation in dentistry, diagnostics, and clinical techniques with an integrated approach of student-centered teaching.

The college features top-tier facilities, including advanced dental units, phantom head laboratories, cone-beam computed tomography (CBCT) system, and dental materials laboratories. These resources, alongside the latest digital radiography equipment, and simulation labs, ensure that students have access to the most modern technology and equipment. Additionally, the college is equipped with the latest dental instruments, cutting-edge sterilization units, intraoral scanners and dental photography equipment for cases' documentation.

The institution is committed to promote scientific discoveries that address both local and global oral health care challenges. Faculty and students are encouraged to engage in research activities that lead to evidence-based practices, fostering an environment of continuous learning and innovation.

Rahbar College of Dentistry provides ample opportunities for students to engage in sports and physical activities. The college encourages participation in various co-curricular and extra-curricular



activities to promote physical fitness, teamwork, and professional excellence, contributing to a holistic educational experience.

The college aims to propel its graduates towards outstanding career opportunities. College authorities provide ample guidance to graduates to choose their professional pathways during undergraduate years. A robust RCoD alumni is also planned to keep the light shining for the followers and provide the larger benefit to the community.

Affiliated with the leading university of Pakistan, Rahbar College of Dentistry addresses critical healthcare disparities, enhances dental education, and contributes to increasing the healthcare workforce in Pakistan. Collaboration with other health professional institutes, hospitals, and research centers further strengthens its role in addressing healthcare challenges collectively.

Welcome to Rahbar College of Dentistry, your gateway to a fulfilling career in dentistry.

## **Chairman, Rahbar College of Dentistry Message**

It is with great honor that I extend my greetings to you as you consider pursuing your dental education at Rahbar College of Dentistry.

The institution is dedicated to cultivate the next generation of dental professionals through a rigorous and comprehensive curriculum. We take pride in our commitment to academic excellence, ethical practice, and the advancement of dental science. The esteemed faculty, comprises of accomplished academicians and clinicians, devoted to mentor students and provide a rich learning environment.

At Rahbar College of Dentistry, Lahore the state-of-the-art facilities and resources are designed to enhance the educational experience. The curriculum integrates theoretical knowledge with practical training, ensuring that you are well-prepared to meet the challenges of an ever-evolving profession.

As an aspiring graduate I must emphasize on your critical role in improving oral health and enhancing the quality of life for individuals and communities. Your dedication to patient care and commitment to lifelong learning will be essential in your journey as a dental professional.

My sincere wishes to all of you, to consider Rahbar College of Dentistry, as your educational partner. We look forwards to the possibility of welcoming you into our distinguished community.

Best Regards,

Maj. Gen. Muhammad Atif Bin Akram  
Director General  
Pakistan Rangers (Punjab)  
Chairman,  
Rahbar College of Dentistry, Lahore.

**Vice Chairman, Rahbar College of Dentistry, Lahore, Message.**

It is with great pleasure that I extend a warm welcome to you as you consider pursuing a career in dentistry at our esteemed institution. As Vice Chairman, I am proud to introduce you to our comprehensive dental program, designed to foster academic excellence, clinical proficiency, and professional integrity.

Our curriculum offers a robust foundation in dental sciences, paired with extensive hands-on clinical training, all supported by cutting-edge facilities and a distinguished faculty. We are committed to developing well-rounded, compassionate dental professionals who will not only excel in patient care but also contribute meaningfully to the advancement of the dental profession.

At our institution, we take great pride in providing an environment that encourages intellectual curiosity, ethical practice, and a dedication to lifelong learning. We believe that your time here will prepare you to meet the challenges of an ever-evolving field and make a significant impact in the healthcare community.

Regards,  
Brigadier Muhammad Tayyeb  
Deputy Director General  
Pakistan Rangers (Punjab)  
Vice Chairman,  
Rahbar College of Dentistry, Lahore

## **Managing Director Pakistan Rangers Punjab Foundation Message**

It is with great pleasure that we introduce Rahbar College of Dentistry. We are dedicated to provide a contemporary education that blends knowledge with practical skills, preparing you for a rewarding career in dentistry. Our faculty comprises experienced professionals who are deeply committed to your development. They bring a wealth of expertise and a genuine enthusiasm for teaching, ensuring that you receive the highest quality education and mentorship.

In addition to academic and clinical training, we emphasize the importance of ethical practice and community involvement. The prospectus reflects the commitment to create a supportive and dynamic environment for our students. Here, you will find details about our innovative curriculum, state-of-the-art facilities, and the many ways we support our students' growth, both academically and personally. We understand that choosing a college is a significant decision; likewise, RCOD offers a unique and enriching path for those who aspire to make a difference in the field of dentistry.

We look forward to the possibility of welcoming you to our community and supporting you on your journey.

Warm Regards,  
Brig (Retd) Ammad Arshad  
Managing Director, Pakistan Rangers Punjab Foundation,  
Rahbar College of Dentistry, Lahore.

## Principal's Message



I am delighted to extend a warm welcome to all prospective students, faculty, and staff members. Our dedication to excellence in dental education, research, and community service guides everything we do.

At RCoD, our mission is to create a supportive and innovative learning environment where students can excel academically, professionally, and personally. Through rigorous academic programs, hands-on clinical experiences, and opportunities for cutting-edge research, we empower our students to become compassionate and skilled dental professionals ready to address the diverse needs of our global community. Beyond educating dental experts, we aim to nurture qualities of compassion, integrity, and a commitment to lifelong learning in our students.

I encourage you to explore the prospectus to discover more about our academic offerings, state-of-the-art clinical facilities, and the vibrant community that makes Rahbar College of Dentistry, a center of dental excellence.

Warm regards,  
Prof. Dr. Muhammad Nasir Saleem  
Principal,  
Rahbar College of Dentistry, Lahore.

## Message from Director Administration



It is with great pride and anticipation that I welcome you to explore the opportunity of joining our distinguished institution. As the Director of Administration, I am pleased to provide insight into the comprehensive support systems we have in place to ensure your academic and professional success during your time with us.

Our institution is dedicated to upholding the highest standards of administrative excellence, offering a seamless and supportive experience from the moment you are admitted until the completion of your studies. We are committed to foster an environment that enables you to focus on your education, clinical training, and personal development, while we manage the logistical and administrative aspects of your academic journey.

Our administrative team is here to assist you at every step, ensuring that your experience is both enriching and efficient. We provide a wide array of services designed to support your success, from admissions through to graduation.

Thank you for considering our institution as the place to begin your professional journey in dentistry. We look forward to supporting you as you embark on this exciting and transformative path.

Warm regards  
Brigadier Muhammad Tasawar Sattar (Retd)  
Director Administration,  
Rahbar College of Dentistry, Lahore.

## **University of Health Sciences**

### **Vision Statement**

UHS is a leading university aiming to keep its graduates apt with the ever-emerging global health challenges, evolving educational methodologies and emerging technological advancements to maintain its distinguishable position as a medical university.

### **Mission Statement**

UHS shall continue to strive for producing a human resource par excellence to cater for the health needs of the people of Punjab and Pakistan

## **Rahbar College of Dentistry, Lahore**

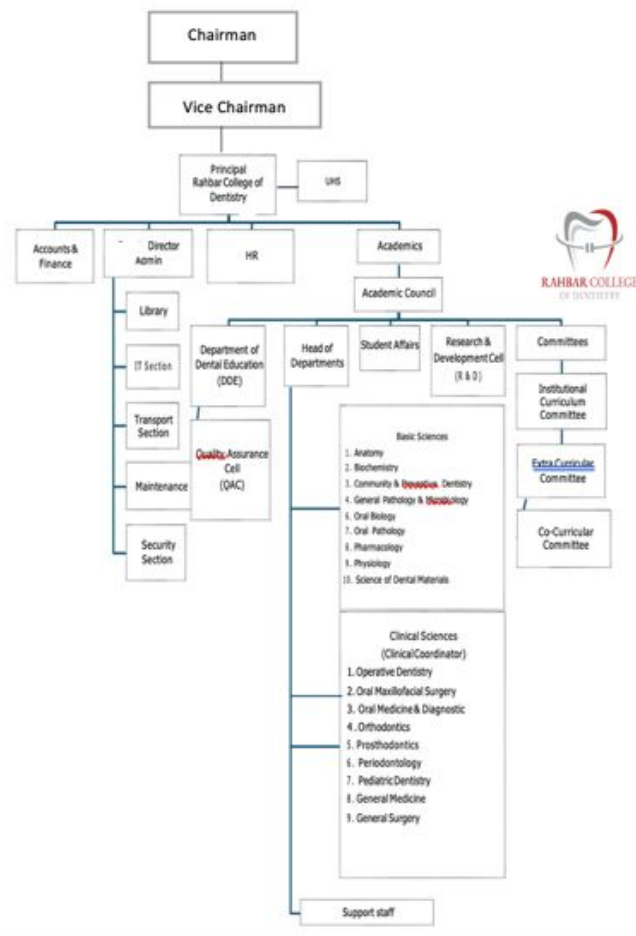
### **Mission Statement:**

To train health professional students in an innovative educational environment, through revolutionary dental education, focusing on state-of-the-art clinical skills, patient care, national community health services, global research and technological advancements, to produce competent caregivers and life-long learners.

### **Vision Statement:**

To be a leading institution, producing globally competent health professionals through multidisciplinary integrated teaching to advance oral healthcare services and tackle local and global challenges with excellence in education, research, and innovation.

## Organogram





## Educational Programs

### Bachelors of Dental Surgery (BDS)

This program runs for four years with fifth year for the House Job. It includes both theoretical and practical training in the field of dentistry.

Students learn basic, and clinical core subjects with vertical and horizontal integration, leading to spiral curriculum.

Clinical training is a significant part of the program, where students work with patients under supervision.

- Basic Sciences
  - Anatomy
  - Physiology
  - Biochemistry
  - Oral Biology
  - General Pathology
  - Pharmacology
  - Science of Dental Materials
  - Community and Preventive Dentistry
  - Oral Pathology
  - Pak Studies
  - Islamiyat
  - English
- Clinical Sciences
  - Oral Medicine and Oral Diagnosis
  - Periodontics
  - Medicine & Allied
  - Surgery & Allied
  - Operative Dentistry

- Prosthodontics
  - Orthodontics
  - Oral and Maxillofacial Surgery
  - Anesthesia
  - Pediatric Dentistry
- General courses
  - Research methodology
  - Dental photography
  - Entrepreneurship
  - Expository Writing

### **Program Outcomes:**

Bachelor of Dental Surgery will have the following program outcomes at RCoD.

- The dental graduates will demonstrate the knowledge and skills necessary to practice dentistry in primary care settings to provide comprehensive patient care and make independent decisions for their patients.
- The graduates will promote dental health care within the community, utilizing the latest research, critical thinking and professionalism.
- The graduates will exhibit emotional intelligence, commit to lifelong learning, who can demonstrate leadership and foster innovation.

RCoD aims to produce a dental graduate to achieve the following competencies, as outlined by PM&DC.

1. Generic Competencies
  - Professionalism
  - Communication skills
  - Time management
  - Ethics & integrity
  - Teamwork
2. Problem-solving skills
3. Empathy in patient care
4. Critical thinker
5. Creativity - Innovation
6. Leadership
7. Emotional intelligence
8. Life-long learner

**Specialty Oriented Competencies  
(Knowledge, Skill, Attitude)**

1. Researcher
2. Emergency patient management
3. Comprehensive care dentistry
4. Implant dentistry
5. Operative dentistry and endodontics
6. Prosthodontics
7. Periodontics
8. Oral and maxillofacial surgery
9. Orthodontics
10. Oral medicine and radiology
11. Pediatric dentistry
12. Pain and anxiety management
13. Health promotion within the community

## Distinguished Faculty



### **Sitting from left to right:**

Dr Ehsan Rathore (HOD), Dr Iftikhar Ahsen (HOD), Prof Dr Asad Mehmood (HOD), Prof Dr Behzad Salahudin (HOD), Prof Dr Muhammad Nasir Saleem (Principal, HOD), Prof Dr. Hina Zafar Raja (HOD), Prof Dr Farhat Amin (HOD), Dr Faiza Khan (HOD), Dr Omair Anjum (HOD).

### **Standing from left to right:**

Dr Muhammad Arshad (HOD), Dr Junaid Altaf, Dr Muhammad Siddique (HOD), Dr Bushra Mazar, Dr Mariyah Javed, Dr Fizza Tahir, Dr Maira Mubashar, Dr Hira Anjum, Dr Ammara Anwar, Dr Hira Imtiaz, Dr Eesha Muneeb, Dr Zehra Abbas, Dr Hajra Talat (HOD), Dr Shehar bano.

## **Rahbar College of Dentistry**

### **Departments**

#### **Basic Sciences :**

- Department of Oral Biology & Tooth Morphology
- Department of Science of Dental Materials
- Department of Community & Preventive Dentistry
- Department of Anatomy
- Department of Physiology
- Department of Biochemistry
- Department of General Pathology
- Department of Pharmacology & Therapeutics
- Department of Behavioural Sciences
- Department of Islamiyat
- Department of Pakistan Studies

#### **Clinical Sciences:**

- Department of Oral Pathology
- Department of Periodontology
- Department of Oral Medicine & Oral Diagnosis
- Department of Operative Dentistry
- Department of Prosthodontics
- Department of Oral & Maxillofacial Surgery
- Department of Pediatric Dentistry
- Department of Orthodontics
- Department of Surgery & Allied
- Department of Medicine & Allied
- Department of Anesthesiology & Pain Management
- Department of Dental Education
  - Quality Assurance Cell
- Research & Development Cell

## **BASIC SCIENCES DEPARTMENTS**

### **Department of Oral Biology and Tooth Morphology**



The Department of Oral Biology and Tooth Morphology at Rahbar College of Dentistry, focuses on the fundamental biological principles and anatomical structures of the oral cavity. Our curriculum covers the study of oral tissues, tooth development, and morphology, providing students with a deep understanding of the biological and structural aspects of dentistry. Through lectures, practical sessions, and hands-on modeling, students learn about the function and form of oral structures and their relevance to dental treatments. The department aims to ensure that students have a comprehensive knowledge base to support effective clinical practice and patient care.

## **Head of Department**

### **Prof Dr Asad Mahmood**

FICD , CMT , MSc, B.D.S



Prof Dr. Asad Mahmood, FICD, CMT, MSc, B.D.S, is the Head of Oral Biology at Rahbar College of Dentistry. He became a Fellow of the International College of Dentistry (FICD) in 2023 and holds a Certificate in Management Training (CMT) from CILT UHS. Dr. Mahmood completed his MSc at Queen Mary University of London in 2011 and his B.D.S at de' Montmorency College of Dentistry, Lahore, in 2007.

He has completed Basic Life Support (BLS) training at Bart's and The London, as well as a certificate in "Dental Management of Oral Cancer Patients." Practicing general dentistry since 2008, Dr. Mahmood also possesses certifications Periodontology and Dental Implants, and Oral and Maxillofacial Surgery.

His research interests include the effects of bioactive glass on enamel abrasivity, enamel abrasivity and dentin hypersensitivity. Dr. Mahmood has participated in free dental camps and is dedicated to advance dental education and improvement in patient care.



## **FACULTY**

### **Assistant Professor**

#### **Dr. Shaher Bano**

BDS , M. Phil (Oral Biology), CHPE



Dr. Shaher Bano, is an accomplished academician and researcher in the field of dentistry, currently serving as an Assistant Professor in the Department of Oral Biology at Rahbar College of Dentistry, Lahore. Her academic journey is marked by significant achievements, including graduating with distinction in Oral Pathology and earning the Prof. B.A Yazdanie Medal in Prosthodontics. Dr. Bano has demonstrated a strong commitment to excellence throughout her academic career, having achieved first-attempt success in both BDS and M. Phil programs.

Her active involvement in research is evident from her supervision of IRB-approved research projects for BDS students, showcasing her dedication to advancing dental science. Dr. Bano also contributed to the academic community through oral and poster presentations, including notable appearances at Annual Research Days at FMH in March 2017 and April 2018. In addition to her research and teaching roles, she has pursued further professional development through a Certificate in Health Professional Education (CHPE), reflecting her commitment to enhancing her educational impact and supporting the growth of future dental professionals.

### **Demonstrators**

Dr. Mahnoor Arshad

Dr. Maria Roy

## Department of Science of Dental Materials



The Department of Dental Materials offers a comprehensive curriculum that combines theoretical knowledge with hands-on experience to prepare students for the effective use of dental biomaterials in clinical practice. T

he program introduces the fundamentals of materials science, helping students understand the physical, chemical, and mechanical properties of various dental materials. Students learn to evaluate these materials based on their behavior in the clinical environment, considering factors such as biocompatibility, safety, and suitability for different dental procedures.

The curriculum also emphasizes research and innovation, ensuring students are equipped with the latest advancements in the field. Through expert faculty guidance and practical laboratory experience, the program provides a robust foundation for students to make informed decisions about material selection and their application in patient care.

## Head of Department



### **Dr Omair Anjum**

MSc, BDS FICD, USA

Dr. Omair Anjum is the Head of Department of Science of Dental Materials at Rahbar College of Dentistry. With a remarkable academic background. He earned a Fellowship from the International College of Dentists (FICD) at Chulalongkorn University in Bangkok, Thailand and holds a Master degree of Science in Dental Biomaterials from Queen Mary University of London. He did Bachelor of Dental Surgery from the Altamash Institute of Dental Medicine in Karachi.

Dr Omair authored 14 publications and is actively involved in further research projects, focusing on optimal decontamination methods for the tooth-resin interface.

He was involved in mentoring students for the Dental Materials program. His dedication to advancing dental education and research continues to make a significant impact in the field.

**Faculty**  
**Assistant Professor**



**Dr. Muhammad Saad Ullah**

BDS, MSc, CHPE, MFDS RCSEd, MDTFEd, AssocFCGDent

Dr. Muhammad Saad Ullah is a distinguished dental professional with a robust blend of clinical experience and academic expertise. He graduated from de'Montmorency College of Dentistry in Lahore and earned his Master's degree in Dental Materials Science from The University of Sheffield, UK.

In addition to his educational accomplishments, Dr. Ullah is a member of the Royal College of Surgeons of Edinburgh (MFDS RCSEd) and holds the Membership of the Faculty of Dental Trainers (MDTFEd) as well as an Associate Fellowship of the College of General Dentistry (AssocFCGDent).

Since 2013, Dr. Ullah has dedicated himself to teaching and has taken on a key role as an Assistant Professor in the Department of Science of Dental Materials at Rahbar College of Dentistry.

**Demonstrators**

Dr. Aamina Imran

Dr. Arub Ahmed

## Department of Community and Preventive Dentistry



The Department of Community and Preventive Dentistry at Rahbar College of Dentistry emphasizes upon dental health improvement at the community level and focuses on preventive care. The curriculum covers public health principles, preventive strategies, and community outreach programs aimed at improving oral health on a broader scale. The department facilitates students' engagement in practical training, research projects, and community services to understand and address dental health challenges within various populations. It is dedicated to equipping students with the skills needed to promote oral health and implement effective preventive measures in diverse communities.

## **Head of Department**

**Prof Dr. Fahd Mehtab ud Din Dogar**  
**BDS, MDPH**



Prof Dr. Fahd Mehtab ud Din Dogar is an experienced dental professional with a strong academic and clinical background. He earned his Bachelor of Dental Surgery (BDS) from Hamdard University in Karachi in 2005 and went on to complete his Masters in Dental Public and Primary Health (MDPH) at the University of Western Australia in 2010. Dr. Dogar has held various academic positions in the field of Community and Preventive Dentistry. Currently, he serves as Head of Department at Rahbar College of Dentistry. His teaching career included Faryal Dental College, Islamic International Dental College, Riphah International University.

His clinical experience includes working as a private practitioner at various clinical facilities. Dr. Dogar's received a Certificate of Achievement in 2010 for his participation in a Dental Health Camp organized by the NGO CDRS in Azad Jammu Kashmir.

## **Demonstrators**

Dr. Amara Kiran

Dr. Iqra Ayub

## Department of Oral Pathology



The Department of Oral Pathology at Rahbar College of Dentistry specializes in diagnosing and understanding diseases specific to the oral and maxillofacial regions. The oral pathology curriculum provides in-depth training on various pathological conditions, including benign and malignant lesions, and systemic diseases with oral manifestations. Through a combination of interactive sessions, practical, and clinical case studies, students gain expertise in identifying, diagnosing, and managing oral diseases. Our goal is to equip students with the skills needed to effectively handle complex oral pathology cases and integrate this knowledge into their clinical practice

## Head of Department

### **Prof Dr Muhammad Behzad Salahuddin**

BDS, MSc OP



Prof Dr. Muhammad Behzad Salahuddin serves as the Head of the Oral Pathology Department. With two decades of clinical experience and 15 years of teaching, he is dedicated to creating an engaging educational atmosphere for future dental professionals. He holds a Master of Science in Oral Pathology from the University of London (2010), a Certificate in Medical Teaching from a joint program by the University of Liverpool and the University of Health Sciences in Lahore (2016). He attained the Bachelor of Dental Surgery from the University of Health Sciences, Lahore (2004).

His teaching career includes academician at Avicenna Dental College, Faryal Dental College and Lahore Medical and Dental College. In clinical practice, he has worked as a general dentist at Dental Syndicate since 2015 and previously at Cavalry Dental Clinic and Dentist & Dentist. He received certification in Medical Teaching in 2016. In recognition of his contributions to the field, he was awarded an Honorary Fellowship from the International College of Dentists in the USA in 2017. His research experience includes laboratory work at the Blizzard Institute of Cell and Molecular Science, Queen Mary, University of London. He has published 12 original articles.

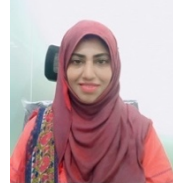


## **Faculty**

### **Assistant Professor**

Dr Mariyah Javed

BDS, M.Phil.



Dr. Mariyah Javed specializes in oral pathology and actively engaged in both teaching and research. With extensive experience at Shaikh Zayed Hospital in Lahore, Dr. Javed earned her M.Phil. in Oral Pathology from Shaikh Zayed Medical Complex in 2010 and completed her Bachelor of Dental Surgery at Fatima Memorial College of Medicine and Dentistry in 2002.

She has received several national and international awards from ORIC. Her expertise encompasses clinical ethics and informed consent, along with a strong ability to diagnose and evaluate oral health problems. Dr. Javed conducted significant research on "Mother-Child Pair Transmission of Streptococcus mutans" using Polymerase Chain Reaction techniques, reflecting her commitment to advancing knowledge in oral health.

### **Demonstrators**

Dr. Aneeqa Tahir

Dr. Laiba Aslam

## **Department of Anatomy**

The Department of Anatomy provides foundational education in the structure and function of the human body, essential for dental practice. The curriculum covers detailed studies of oral and maxillofacial anatomy, including cadaveric dissection and 3D modeling. Through a blend of interactive sessions, hands on, and advanced imaging techniques, we ensure that students gain a thorough understanding of anatomical principles critical for clinical application and patient care. Our expert faculty is dedicated to delivering high-quality instruction and fostering a deep appreciation of anatomy's role in dentistry

## **Head of Department**

**Dr. Naeem Shahzad**  
**MBBS, MPhil Anatomy**



Dr. Naeem Shahzad, Head of the Anatomy Department at Rahbar College of Dentistry, brings over 13 years of extensive experience in teaching various branches of Anatomy, including Gross Anatomy, Developmental Anatomy, Histology, and Neuroanatomy. With a strong foundation in curriculum design, development, and delivery, Dr. Shahzad has contributed to the advancement of Anatomy education by preparing and updating course content to enhance student learning outcomes. Additionally, Dr. Shahzad is adept at conducting cadaver-based demonstrations and leading small group discussions to promote a deeper understanding of the subject.

## **Demonstrators**

Dr. Roshnik Azam Khan  
Dr. Muskan Fatima

## **Department of Physiology**

The Department of Physiology at Rahbar College of Dentistry is dedicated to providing students with a comprehensive understanding of the body's physiological processes and their relevance to dental health. The curriculum integrates fundamental concepts of human physiology with their applications in dentistry, covering topics such as gastrointestinal, neurophysiology, cardiovascular function, and respiratory systems. Through interactive lectures, practical demonstrations, and hands-on labs, we ensure students grasp how physiological functions impact oral health and dental treatments. Our experienced faculty are committed to delivering an engaging and thorough educational experience, preparing students for effective clinical practice.

### **Head of Department**

Prof. Dr. Saima Rizwan  
MBBS, M. Phil (Physiology),  
CMT, Ph. D Scholar



Prof Dr Saima Rizwan is an esteemed educator and researcher in Physiology, currently serving as Head of the Department (HOD) at Rahbar College of Dentistry. With over 14 years of experience, she holds an MBBS from King Edward Medical University (KEMU) and an M.Phil. in Physiology from the University of Health Sciences (UHS). Dr. Saima is a Ph.D. scholar and holds a Certificate in Medical Teaching (CMT). Her work focuses on integrating theoretical knowledge with clinical practice, particularly in the context of medical and dental sciences, and she is dedicated to inspiring students and advancing research in human physiology.

### **Demonstrator**

Dr. Summera Tariq

## **Department of Biochemistry**

The Department of Biochemistry at Rahbar College of Dentistry offers a thorough understanding of biochemical processes and their impact on oral health. The curriculum explores the chemical mechanisms underlying physiological functions, including metabolism, enzyme activity, and biochemical pathways relevant to dentistry. Through a combination of sessions, practicals, and case studies, students gain insights into how biochemical principles affect dental treatment and patient care. Our dedicated faculty ensure that students are well-equipped with the knowledge needed to apply biochemistry in clinical and research settings.

**Head of Department**

**Associate Professor**

**Dr. Afshan Zareen Shafi**

MBBS, Mphil Biochemistry



Dr. Afshan Bilal is an Associate Professor of Biochemistry at Rahbar College of Dentistry, with expertise in the biochemical processes related to oral health. She specializes in the molecular mechanisms of oral diseases and the biochemical foundation of dental care. Dr. Bilal is dedicated to teaching students the essential biochemical principles for modern dental practice, while also conducting research to advance knowledge in areas such as dental caries, periodontal disease, and oral cancer. Her commitment to both education and research plays a key role in shaping the future of dental professionals at Rahbar College

**Demonstrator**

Dr. Maham Qamar

## **Department of Pathology**

### **Introduction**

The Department of General Pathology at Rahbar College of Dentistry offers essential education in understanding disease processes and their implications for oral health. Our curriculum covers a wide range of pathological conditions, including inflammatory, infectious, and neoplastic diseases affecting the oral and maxillofacial regions. Through lectures, practical labs, and case discussions, students learn to recognize, diagnose, and manage pathological conditions relevant to dentistry. The department is dedicated to providing students with a thorough understanding of pathology to enhance their diagnostic and clinical skills in dental practice.



**Head of Department**

**Assistant Professor**

**Dr. Sadaf Munir**

M.B.B. S , MPhil (Microbiology), FCPS trainee



Dr. Sadaf Munir is a an accomplished professional in Clinical Microbiology, currently serving as the Head of Department and Assistant Professor at Rahbar College of Dentistry. She completed her FCPS training in Clinical Microbiology at CMH Lahore in July 2023. Prior to this, she held the position of Assistant Professor and Consultant Clinical Microbiologist at Sharif Medical & Dental College, Lahore, where she independently managed the microbiology lab, contributed to infection control initiatives, and taught medical lab technology and nursing students. Her M.Phil. training at the Post Graduate Medical Institute, Lahore, further enhanced her expertise in lab supervision, infection control practices, and antimicrobial research.

In addition to her teaching and clinical roles, Dr. Munir is an active member of various professional organizations, including the Pakistan Medical and Dental Council (PMDC), the Pakistan Academy of Family Physicians (PAFP), and the Medical Microbiology & Infectious Diseases Society of Pakistan (MMIDSP). Her diverse experiences and contributions to the field position her as a leader in microbiology education and practice.

**Demonstrator**

Dr Arooma Shaffaq

Dr. Hafza Shehbaz

## Department of Pharmacology



The Department of Pharmacology at Rahbar College of Dentistry plays a crucial role in equipping dental students with essential knowledge about medications and their effects on oral health. This department focuses on understanding drug mechanisms, therapeutic applications, and potential side effects relevant to dental pharmacological principles, integrating this knowledge into clinical dental practice, and conducting research to advance drug use in dentistry.

Core areas of study encompass the pharmacokinetics and pharmacodynamics of dental drugs, pain management, local anesthesia, and drug interactions. By bridging pharmacological theory with practical applications, the department ensures that dental professionals are well-prepared to make informed decisions about medication use, enhancing patient care and treatment outcomes in dental practice.

**Head of Department**  
**Associate Professor**  
**Dr. Faiza Khan**  
MBBS, M.Phil, FCPS



Dr. Faiza Khan is an Associate Professor and Head of Pharmacology at Rahbar College of Dentistry, with an extensive educational background that includes FCPS and an M.Phil. in Pharmacology (2016). She earned her MBBS in 2007.

Dr. Khan's clinical experience spans various capacities, including roles in Medicine, Gynecology and Obstetrics, and Psychiatry at reputable institutions in Lahore.

Her academic journey began as a Demonstrator in Pharmacology at FMH Lahore, and she has held teaching positions at multiple medical colleges, including Rashid Latif Medical College and Pak Red Crescent Medical & Dental College, where she has also served as an Assistant and Associate Professor.

#### **Demonstrators**

Dr. Mahnoor Imran

Dr Summera Tariq

## **Department of Behavioral Sciences**

The Department of Behavioral Sciences at Rahbar College of Dentistry is committed to advancing the understanding and application of psychological and social principles to enhance dental care and patient outcomes. This department delves into how human behavior, mental processes, and social interactions influence oral health and overall well-being. Its mission is to offer in-depth education and training in behavioral sciences, engage in innovative research on the psychological aspects of dental health, and integrate these findings into clinical practice to improve patient care.

Core areas of study include the psychology of health, patient behavior, stress management, communication skills, and the impact of social and cultural factors on dental health. With a team of experienced faculty members, the department not only enriches academic knowledge but also actively participates in community outreach to foster mental health awareness. By bridging the gap between behavioral science and dental practice, the Department of Behavioral Sciences at Rahbar College of Dentistry plays a crucial role in shaping effective dental care strategies and enhancing patient outcome

## **Department of Islamic Studies & Pakistan Studies**

The Department of Islamiyat and Pakistan Studies at Rahbar College of Dentistry provides students with a deep understanding of Islamic principles and the history, culture, and socio-political context of Pakistan. Our curriculum integrates the study of Islamic values and historical perspectives with contemporary issues, promoting cultural awareness and ethical responsibility. Through discussion, students explore the significance of these subjects in shaping personal and professional conduct. The department aims to foster a well-rounded education by connecting these studies with the broader context of dental practice and societal contribution.

## CLINICAL DEPARTMENTS

### Department of Oral Medicine & Oral Diagnosis



The Department of Oral Medicine & Oral Diagnosis at Rahbar College of Dentistry is dedicated to diagnose and manage a broad spectrum of oral and systemic conditions affecting the oral cavity. It focuses on integrating medical and dental knowledge to provide comprehensive care, emphasizing accurate diagnosis, effective treatment, and multidisciplinary collaboration. The department's core areas include oral diagnosis, oral medicine, management of chronic oral conditions, and oral manifestations of systemic diseases. With a team of expert faculty members and a commitment to cutting-edge research and education, the department enhances patient care and advances the understanding of complex oral health issues.

**Head of Department**  
**Assistant Professor**  
**Dr Ehsan Rathore**  
**BDS, MCPS OM ,CHPE**



Dr. Ehsan Rathore is currently serving as the Head of the Oral Medicine Department at Rahbar College of Dentistry. He is dedicated to mastering oral diseases through precise diagnosis, effective treatment planning, and skilled intervention

His educational background includes a CHPE from the National University of Medical Sciences, a Fellowship from the International College of Dentists (Hon), a C-Implant certification from the Institute of Advanced Dental Sciences, and an MCPS in Oral Surgery from the College of Physicians and Surgeons, Pakistan. He earned his BDS from Baqai Medical University, Karachi.

Dr Rathore worked at Faryal Dental College and at Lahore Medical and Dental College. Dr. Rathore is a member of several professional organizations, including the Pakistan Society of Dental Surgeons. His volunteer efforts include working with WWF for wildlife protection, participating in earthquake relief efforts in Muzaffarabad, and organizing blood donation drives for Thalassemia and haemophilia. In recognition of his contributions to the field, he received a Fellowship from the International College of Dentists in Kuala Lumpur, Malaysia, in October 2017.

## **Faculty**

### **Assistant Professor**

#### **Dr Ammara Anwar**

BDS, MCPS, CHPE



Dr. Ammara Anwar is a dedicated dentist and educator with a strong focus on patient care and academic excellence. She holds an MCPS in Oral Surgery, a CHPE, and a B.D.S. from Army Medical College. With extensive experience in curriculum development, student assessment, and innovative teaching methods, Dr. Anwar has served as an Assistant Professor in Oral Medicine at multiple institutions, including Sharif Medical & Dental College and Azra Naheed Medical & Dental College.

## **Demonstrators**

Dr. Roa Hatf Shahid

Dr. Amna Tanveer



## Department of Periodontology



The Department of Periodontology at Rahbar College of Dentistry focuses on the prevention, diagnosis, and treatment of periodontal diseases affecting the gingiva and other supporting structures of the teeth. The curriculum covers a range of topics including prevention, diagnosis and treatment of gingival and periodontal diseases/conditions, along with surgical and non-surgical management of periodontal diseases. Students gain practical experience through clinical training and hands-on procedures, learning to manage conditions such as gingivitis, periodontitis, and other periodontal diseases. The department is committed to providing a comprehensive dental education that equips the students with the skills needed to ensure optimal periodontal health and overall dental care.

**Head of Department**  
**Assistant Professor**  
**Dr Mohammad Iftikhar Ahsen**  
BDS, FCPS



Dr. Muhammad Iftikhar Ahsan is the Head of the Department and Assistant Professor of Periodontology at Rahbar College of Dentistry. Dr. Iftikhar holds a FCPS in Periodontology from the College of Physicians & Surgeons, Pakistan, obtained in January 2021, and a Bachelor of Dental Surgery from Bolan Medical College, Quetta.

He brings extensive expertise in the prevention, diagnosis, and treatment of periodontal diseases, with specialized skills in non-surgical and surgical periodontal therapy, dental implant placement, and emergency dental care for medically compromised patients. Known for his meticulous attention to detail.

His professional journey includes significant roles at the University College of Dentistry, Lahore, where, he conducted undergraduate teaching, supervised postgraduate residents, and managed comprehensive patient care, enhancing his educational and clinical supervision skills. Additionally, Dr. Iftikhar is a specialist utilizing periodontal skills to cater referrals from other specialties. His strong critical thinking and analytical skills significantly enhance his diagnostic capabilities, allowing him to tackle complex dental issues effectively.

**Demonstrators**

Dr. Umer Mehmood Bajwa

Dr. Maida Rehman

## Department of Operative Dentistry



The Department of Operative Dentistry at the Rahbar College of Dentistry (RCOD), Lahore is dedicated to advancing the practice and study of restorative dental care. Focused on the diagnosis, prevention, and treatment of dental diseases and conditions, the department emphasizes a comprehensive approach to dental restoration and aesthetic enhancement. It combines cutting-edge technology with evidence-based techniques to provide high-quality care and education. The department offers specialized training for dental students and professionals, aiming to produce skilled practitioners who are proficient in both traditional and innovative restorative methods. Through research and clinical practice, the Department of Operative Dentistry at RCOD strives to contribute to the advancement of the field and improve patient outcomes

## **Head of Department**

### **Prof. Dr. Muhammad Nasir Saleem**

BDS (Gold Med), FCPS, MSc,  
ICMT, FDS RCPSG, PhD Scholar



Prof. Dr. Muhammad Nasir Saleem is an esteemed professional in Operative Dentistry, renowned for his extensive clinical and academic experience spanning over 24 years. His career is distinguished by his roles as Professor and Head of the Department of Operative Dentistry at the Institute of Dentistry, CMH Lahore Medical College, where he has been pivotal in shaping the department's direction.

Dr. Saleem's career trajectory includes his international experience is marked by his role as a Consultant in Operative Dentistry at Armed Forces Hospital, KANB Jubail, KSA, where he contributed to advanced dental care and practice. His academic journey is underscored by a PhD candidacy at the University of Veterinary and Animal Sciences, coupled with a Fellowship in Operative Dentistry from the College of Physicians and Surgeons of Pakistan. He earned an MSc in Aesthetic and Restorative Dentistry from the University of Manchester, and is honored with a Fellowship from the Royal College of Surgeons Glasgow.

Prof. Dr. Saleem's leadership extends beyond his clinical and teaching roles. He has been actively involved in various administrative capacities, including serving as Chairman of the

Ethical Review Committee and managing the Private Dental Practice and Dental Stores at CMH LMC. He was also a core team member of the Mentorship Program, reflecting his dedication to both education and operational excellence. His innovative contributions to dentistry include securing a patent and design registration for a dental device, demonstrating his commitment to advancing dental technology and practice. He is an FCPS examiner/supervisor and as Principal of RCOD, he oversees the overall administration and academic excellence of the institution.

## **Faculty**

### **Assistant Professor**

Dr. Hira Anjum

BDS, FCPS, CHPE



Dr. Hira Anjum is a skilled dental professional with a focus on Operative Dentistry and Endodontics. She graduated with a Bachelor of Dental Surgery (BDS) from Lahore Medical and Dental College in 2009 and completed a Fellowship in Operative Dentistry and Endodontics at the College of Physicians and Surgeons Pakistan in 2023. She also obtained a Certification in Health Professions' Education from King Edward Medical University, enhancing her educational expertise.

Throughout her career, Dr. Anjum has held important positions in both clinical and academic settings in Lahore Medical & Dental College too.

### **Senior Registrar**

**Dr. Hira Imtiaz**

**BDS, FCPS**



Dr. Hira Imtiaz is a Senior Registrar in the Operative Dentistry Department at Rahbar College of Dentistry. With an FCPS in Operative Dentistry, she combines advanced clinical expertise with a strong commitment to teaching. Dr. Imtiaz plays a key role in guiding students through complex dental procedures and providing them with the skills needed to excel in their careers.

Her dedication to education and patient care makes her a valuable asset to both the college and the field of dentistry.

### **Demonstrators**

Dr. Huda Mehmood

Dr. Rabia Sahar

Dr. Hafiza Ayesha Siddique

Dr. Shehbano Basit

## Department of Prosthodontics



The Department of Prosthodontics deals with comprehensive rehabilitation of missing dentition and surrounding structures to restore physical, functional, mental and aesthetic well being of patients. The department focuses on educating and training students about the principles of managing oral conditions through contemporary and advanced clinical techniques. The undergraduate prosthodontic training commences from second year of BDS program and spreads over three years. It consists of laboratory and clinical modules. The core competencies of Department are removable prosthodontics, fixed prosthodontics, implant dentistry, maxillofacial prosthodontics, digital dentistry, temporomandibular disorders and advanced aesthetic procedures.

Department of Prosthodontics manages Comprehensive Care Dentistry clinic as an innovative teaching and integrated learning facility for the graduates of Rahbar College of Dentistry, Lahore. This shall improve their skills of independent general dentistry practice immediately after graduation.

**Head of Department,  
Director Research & Development Cell**

**Prof. Dr. Hina Zafar Raja**

BDS, FCPS, MSc (Hons.) FDS, ICMT RCPSG, PhD  
Scholar



Prof Dr Hina Zafar Raja is a distinguished prosthodontist with over 24 years of experience in clinical practice and academia. She earned her Bachelor of Dental Surgery from de' Montmorency College of Dentistry, Lahore, and advanced her expertise with an F.C.P.S. in Prosthodontics from the College of Physicians and Surgeons, Pakistan, in 2007. Dr. Raja enhanced her education with an MSc (Hons.) in Fixed and Removable Prosthodontics from King's College London. Her academic and professional qualifications are complemented by prestigious fellowship of the Royal College of Physicians & Surgeons Glasgow (FDS RCPSG, 2024). She also has an international certification in medical teaching from University of Liverpool, UK and is a PhD scholar at the University of Veterinary and Animal Sciences, Pakistan.

Prof Raja holds a keen interest in research and development. She conducted and supervised multiple research projects and produced numerous publications. She is the first female dentist who invented a maxillofacial device entitled, **“Pronasale’ With its Novel Impression technique”**, that was granted US patent as well as patent from Government of Pakistan in 2023. Her leadership roles extended to being the President of the Pakistan Association for Dental Research (2020-2021) and Pakistan Prosthodontics Association. She



held the position of Country Representative for the Asian Academy of Prosthodontics and represented Pakistan at numerous international forums, including Kingdom of Saudi Arabia and Japan.

She is a seasoned teacher and a renowned clinician in her field. During her professional journey, she served at senior faculty positions in Prosthodontics in Lahore Medical & Dental College and Institute of Dentistry, CMH Lahore Medical College, Lahore. She also held administrative positions of In charge House officers' Program, Administrative head Comprehensive Care dentistry and Implant Clinic, Innovation lead L-ORIC, and In charge Intra Mural Practice in CMH LMC & IOD. She is a post graduate FCPS supervisor, examiner and a faculty member of College of Physicians and Surgeons Pakistan. She had also worked as a Consultant Prosthodontist in Armed Forces Hospital, Jubail, Kingdom of Saudi Arabia and a member of faculty promotion board of King Khalid University, Saudi Arabia.

Dr. Raja organized multiple national and international conferences and facilitated numerous workshops. She reestablished the Journal of Pakistan Prosthodontics Association on digital platform. She is a reviewer of many journals and a Managing Editor of the Journal of Pakistan Prosthodontics Association.

Currently she is the Director of Research & Development cell at Rahbar College of Dentistry, Lahore to make it the best learning place for budding professionals.

## **Faculty**

### **Assistant Professor**

#### **Dr Junaid Altaf**

BDS, FCPS



Dr. Junaid Altaf is an Assistant Professor at Rahbar College of Dentistry, where he actively contributes to both teaching and professional development in the field of dentistry. He has organized numerous significant events, including the 3rd Pakistan Prosthodontic Association Conference at NUST in 2014 and the Pro taper Endodontic Workshop at the Armed Forces Institute of Dentistry (AFID) the same year. Dr. Altaf has attended key seminars on topics such as the management of temporomandibular joint disorders, the latest trends in nanotechnology, and facial gunshot wound management. His dedication extends to organizing initiatives like Cross Infection Control Week and Oral Health Day at AFID. Additionally, Dr. Altaf has played a vital role in student selection as an interviewer for Multiple Mini Interviews at Avicenna Dental College.

**Assistant Professor**

**Dr. Fizza Tahir**

BDS, FCPS



Dr. Fizza Tahir is a highly skilled Prosthodontist with a robust academic background and extensive practical experience in the field. She completed her post-graduate residency in Prosthodontics and earned her Fellowship (F.C.P.S II) from the Institute of Dentistry, CMH Lahore Medical College. Dr. Tahir's educational journey also includes a Bachelor in Dental Surgery from the same institution, supplemented by her early training during a house job at the Institute of Dentistry. Throughout her career, Dr. Tahir has demonstrated exceptional dedication to patient care and clinical excellence. Her achievements include securing top positions in professional exams and competitions, such as winning gold and silver medals and excelling in national dental conferences. She has also made significant contributions through poster presentations, showcasing her expertise and commitment to advancing the field of prosthodontics. As a former demonstrator and house officer, Dr. Tahir's comprehensive experience in both clinical and academic settings underscores her capability and passion for delivering high-quality dental care.

**Demonstrators**

Dr. Syed Abdullah Hussain

Dr. Fatima Hafeez

Dr. Talia Shahid

Dr. Alishba Kiran

### **Comprehensive Care Dentistry Clinic:**



Rahbar College of Dentistry provides a comprehensive range of dental treatments and services through its well-equipped dental units. The facility focuses on delivering high-quality, patient-centered care of multiple disciplines in one clinical setting, ensuring that all aspects of oral health are managed effectively. It encompasses a comprehensive approach to prepare graduates for real life practices in dentistry.

RCoD comprehensive care begins with a thorough examination followed by personalized treatment plans which includes routine check-ups, cleanings, fillings, and extractions. Emphasizing the importance of preventive care features sealants and fluoride treatments to protect and strengthen teeth. A range of restorative

procedures to address issues such as cavities, cracked teeth or missing teeth these treatments encompass crowns, bridges, and dentures to restore function and appearance. Cosmetic services include teeth whitening, veneers, and bonding to enhance smiles. Endodontics covers root canals and apicoectomies, and oral surgery handles impacted tooth removals and jaw corrections. Prosthodontics involves implants and full mouth reconstructions.

Clinical facility is equipped with modern technology such as digital X-rays, digital cameras, absolute sterilization protocols, ensuring high-quality patient-centered care. This collaborative approach ensures that each patient receives the most appropriate and effective care for their unique dental needs.

Comprehensive care model prepares dental students to be supervised with a holistic approach of patient management in earlier part of their educational years as compared to the traditional teaching model, which compels a dental graduate to experience the situation practically, in their professional career, without any supervision.

## Department of Orthodontics



The Department of Orthodontics at Rahbar College of Dentistry specializes in the diagnosis, prevention, and treatment of dental and facial irregularities. Our curriculum provides in-depth training on various orthodontic techniques, including braces, aligners, and corrective appliances. Through a combination of lectures, hands-on practice, and clinical experience, students learn to manage malocclusions and align teeth to improve both function and aesthetics. The department aims to equip students with the advanced skills and knowledge necessary to provide comprehensive orthodontic care and contribute to enhancing patients' overall dental health and appearance

## **Head of Department**

**Professor Dr Farhat Amin.**

BDS. FCPS. MCPS.CMT.CHR



Prof Dr Farhat Amin holds multiple qualifications, including FCPS (Fellow of the College of Physicians and Surgeons of Pakistan) in Orthodontics , MCPS (Member of the College of Physicians and Surgeons Pakistan) in Oral Surgery, and a BDS (Bachelor of Dental Surgery) from de' Montmorency College of Dentistry, Lahore, Pakistan.

Dr Amin, she served as a Professor of Orthodontics and Head of Department at Faryal Dental College from June 2019 to August 2024. She was a Professor of Orthodontics and Vice Principal at Rashid Latif Dental College, Lahore (2018-2019), and held the position of Associate Professor and Head of Orthodontics there from 2017 to 2018. She worked as an Associate Professor at King Khalid University in Abha, Saudi Arabia (October 2014 – September 2017), and at The University of Lahore, Pakistan (February 2012 – October 2014). She completed her postgraduate training in Orthodontics at Children's Hospital Lahore and de' Montmorency College (2000-2004).

Dr Amin has presented at several national and international conferences. She has demonstrated strong administrative' and organizational skills by conducting certificate courses and workshops in Orthodontics at Faryal Dental College. Dr Amin has completed a Certificate Course on Telehealth & Telemedicine from UHS (2020), a Certificate in Health Research (CHR) from the University of Lahore (2020-2021), and a Certificate in Medical Teaching (CMT) from the University of Health Sciences Lahore (2021).

## **Faculty**

### **Assistant Professor**

#### **Dr Maira Mubashar**



Dr. Maira Mubashar, is deeply involved in clinical teaching and academic activities, bringing a wealth of knowledge and expertise to her role. Dr. Mubashar completed her dental education and orthodontic training at Lahore Medical & Dental College (LMDC), where she laid a strong foundation in advanced orthodontic techniques. Her academic excellence was further recognized with the prestigious Allama Iqbal Gold Medal for Best Graduate from the University of Health Sciences, a testament to her exceptional performance throughout her studies.

Her academic career is marked by numerous accolades, including top placements in professional BDS examinations, where she achieved 1st positions in the Second, Third, and Final Professional Examinations at the University of Health Sciences. She has been awarded an impressive total of 24 gold medals and 4 silver medals, reflecting her unparalleled expertise across various disciplines. Her awards span multiple subjects, including Physiology, General Pathology, Science of Dental Materials, Pharmacology, General Medicine, Oral Pathology, and more, underscoring her comprehensive mastery of the dental sciences. Dr. Mubashar's contributions to orthodontics and dental education highlight her dedication to advancing the field and fostering excellence in clinical practice and academic scholarship.



**Senior Registrar**  
**Dr. Eesha Munib,**  
**BDS, FCPS**



Dr. Eesha Munib is a highly qualified orthodontist, holding a BDS degree and an FCPS in Orthodontics. She currently serves as a Senior Registrar in the Department of Orthodontics at Rahbar Medical College. With a strong commitment to providing personalized care, Dr. Munib specializes in both functional and aesthetic orthodontic treatments. She is dedicated to advancing her knowledge and expertise while also mentoring junior residents and dental students, contributing to the development of future orthodontic professionals.

### **Demonstrators**

Dr. Sarah Saleem

Dr. Muhammad Anas Mushtaq

Dr. Laila Ateeq **Department of Oral & Maxillofacial Surgery**



Department of Oral and maxillofacial surgery contributes in diagnosing and treating a broad range of conditions affecting the teeth, jaws, and head and neck region. Range of procedures include simple and complex tooth extractions (exodontia), Treatment of maxillofacial trauma, surgical management of maxillofacial pathology (such as cysts and tumors),

Correction of craniofacial deformities, including Oro-facial clefts, Surgical management of temporomandibular disorders and orofacial pain. The undergraduate curriculum in this field provides students with exposure to various procedures and hands-on clinical training under supervision, ensuring they acquire the essential skills needed for their future careers as dentists.

## **Head of Department**

**Prof. Dr Ashfaq ur Rahim**  
**BDS, FCPS OMFS**



Prof. Dr. Ashfaq ur Rahim is an esteemed expert in the field of Oral and Maxillofacial Surgery, holding advanced qualifications that reflect his extensive experience and commitment to patient care. He is a graduate of BDS, with further specialization through FCPS and CMT (UHS). Prof. Dr. Rahim is also a Fellow of the Academy of Oral and Maxillofacial Surgery (FAOCMF, UK) and is certified in Oral Cancer Management and Microvascular Reconstruction from Sri Lanka. Currently serving as the Head of the Department of Oral and Maxillofacial Surgery, he has made significant contributions to the field, particularly in complex reconstructive surgeries and oral cancer care. His distinguished academic and clinical expertise, coupled with his leadership in advancing oral and maxillofacial surgical practices, make him a highly respected figure in the medical community.

## **Faculty**

### **Assistant Professor**

#### **Brig Dr Babar Pasha SI(M)**

BDS, MCPS, FCPS (OMFS), CHPE



Brigadier (Retired) Dr. Babar Pasha SI(M), BDS, MCPS, FCPS (OMFS), CHPE, graduated from Nishtar Medical College in Multan in 1987 and was commissioned as a Captain in the Army Dental Corps. He specialized in Maxillofacial Surgery as MCPS and FCPS in Oral and Maxillofacial Surgery from CPSP Karachi in 2000 and 2013, respectively.

His contributed as a CO/Dental Specialist in various Pakistan Air Force hospitals. He earned Chief of Air Staff Commendation Card. His exceptional service in dentistry was recognized with the Sitara-e-Imtiaz Military. In 2018, as he established the first model purpose-built maxillofacial center at CMH Gujranwala.

**Assistant Professor**

**Dr Bushra Mazhar**

BDS, MFD RCS (Ireland), FCPS (OMFS)



Dr. Bushra Mazhar, BDS, MFD RCS (Ireland), FCPS (OMFS), is a distinguished graduate of Fatima Memorial Hospital College of Dentistry. She holds Membership of the Faculty of Dentistry, Royal College of Surgeons in Ireland, and completed her Fellowship from College of Physicians and Surgeons Pakistan, at the Institute of Dentistry, CMH Lahore Medical College. Since 2015, Dr. Mazhar has been actively engaged in undergraduate teaching and academics and currently serves as a Senior Registrar, at Rahbar College of Dentistry, Lahore.

**Demonstrator**

Dr. Vaffa Saad

Dr Fatima Wasif

Dr. Bareerah Idrees

## **Department of Pediatric Dentistry**

The Department of Pediatric Dentistry at Rahbar College of Dentistry is dedicated to providing specialized care for children and adolescents. Our curriculum focuses on the unique aspects of dental treatment for younger patients, including preventive care, diagnosis, and management of dental issues specific to pediatric populations. Students receive hands-on training in child-friendly environment, behavioral management, and the treatment of common dental conditions in children. The department aims to prepare students to deliver compassionate and effective dental care tailored to the needs of young patients and their families

## **Head of Department**

**Professor Dr. Omer Yousuf**

BDS, FCPS



Prof. Dr. Omer Yousaf is currently serving as Head of the Pediatric Department at Rahbar College of Dentistry. His teaching experience includes Lahore Medical & Dental College and Sharif Medical & Dental College. .

In addition to his academic achievements, Dr. Yousaf has maintained a robust clinical practice as a Consultant Endodontist and Restorative Dental Surgeon at Rahman & Rahman Dental Surgeons in DHA Lahore since June 2007. His postgraduate training includes an FCPS II residency in Operative Dentistry at Lahore Medical & Dental College, completed under the mentorship of Prof. Dr. Muhamad Yousuf from CPSP. He holds a Bachelor of Dental Surgery from Army Medical College and NUST, Rawalpindi (1999-2003).

Dr. Yousaf has participated in numerous conferences, such as the 7th International Dental Conference in Islamabad and the APDC in Karachi. He has presented seminars on various topics and contributed to the organization of scientific sessions, reflecting his dedication to advancing dental education and practice.

## **Faculty**

### **Senior Registrar**

**Dr Zehra Abbas**

**BDS, FCPS**



Dr. Zehra Abbas is a skilled specialist in Operative Dentistry and Endodontics, with an FCPS Part II qualification. Currently serving as a Senior Registrar at Rahbar College of Dentistry, she excels in advanced restorative procedures and root canal treatments. Dr. Abbas is proficient in modern dental technologies and is committed to patient comfort, education, and satisfaction. With a strong focus on continuous learning and collaboration with multidisciplinary teams, she ensures the best outcomes for her patients. Dr. Abbas is dedicated to providing high-quality, ethical care and is eager to contribute her expertise to a progressive dental practice.

### **Demonstrator**

Dr. Mashal Fatima

Dr. Janita Dilawai



## **Department of Surgery and Allied**

The Department of Surgery and Allied at Rahbar College of Dentistry focuses on providing students with a solid foundation in surgical principles and techniques relevant to dental practice. Our curriculum covers a range of topics, including oral and maxillofacial surgery, minor surgical procedures, and allied disciplines. Through a combination of lectures, hands-on training, and clinical experiences, students gain practical skills and theoretical knowledge essential for effective surgical care in dentistry. Our expert faculty are dedicated to preparing students for successful careers by integrating advanced surgical techniques with patient-centered care.

### **Head of Department**

#### **Assistant Professor**

**Dr. Muhammad Siddique**



Dr Siddique brings extensive medical and surgical expertise to the academic settings of Rahbar College of Dentistry, contributing to the education and training of future healthcare professionals. His responsibilities include teaching, supervising, and mentoring students, as well as engaging in clinical practice and research. He intends to integrate surgery into both educational and practical aspects of medical care, ensuring that students receive high-quality instruction while fostering an environment of learning and professional development.

### **Department of General Medicine & Allied**

General medicine (or internal medicine) focuses on diagnosing, treating, and preventing a wide range of diseases in adults. Internists manage both acute and chronic conditions, such as diabetes, heart disease, and infections, using a holistic, patient-centered approach. It offers preventive care and coordination with specialists, for multi-system illnesses. Their role is crucial in both primary care and hospital settings, ensuring comprehensive care for patients of all ages.

#### **Head of Department**

#### **Assistant Professor**

#### **Dr. Muhammad Arshad Khan**



He is a qualified medical professional with an MBBS from King Edward Medical University, Lahore (2004-2009), and advanced training in General Medicine, including an MD III (Final) in 2019. Dr. Khan served as a Senior Registrar at Pak Red Crescent Medical and Dental College, and as a Medical Officer at Mayo Hospital, Lahore.

## Department of Dental Education



The Department of Dental Education is dedicated to advancing the quality of dental education through innovative teaching methods and curriculum development. Department focus on training future dental professionals by integrating evidence-based practices, effective pedagogy, and hands-on clinical experience. The goal is to enhance educational standards and prepare students for successful careers in dentistry. The department's faculty are committed to fostering a dynamic learning environment and supporting the continuous improvement of dental education programs

## **Head of Department**

### **Assistant Professor**

**Dr Hajra Talat**

BDS, MME



Dr. Hajra Talat as Head of the Dental Education Department aims to extend her expertise in dental education to provide support to individuals involved in the academic field. She holds a Master of Medical Education from the University of Lahore (2021-2023) and a Bachelor of Dental Surgery from Multan Medical and Dental College (2014-2018). Dr. Talat enhanced her qualifications with a Certificate in Health Professions Education from Baqai Medical University (March 2023) and a Certificate in Health Research from the University of Lahore (November 2022).

Her professional experience includes Senior Demonstrator in Medical Education and Assistant Controller of Examinations at Fatima Memorial Hospital College of Medicine and Dentistry (April 2023 - April 2024), as well as a Demonstrator in Dental Education at Azra Naheed Dental College (May 2022 - April 2023). Dr. Talat has contributed to the field through various publications, including studies on stress among dental students and empathy levels among dental professionals.

### **Demonstrator/s**

Dr. Afifa Zafar Main

Dr. Taabir Binte Khalid

## Research & Development Cell



Research and Development cell at Rahbar College of Dentistry is a cornerstone of progress, driving innovation, solving problems, and contributing to the overall institutional intellectual property profile. Its importance cannot be overstated in today's rapidly changing world. The scope of R&D cell is to foster a culture of creativity and experimentation for faculty and students of Rahbar College of Dentistry, Lahore

### **Objectives:**

1. Promote and facilitate collaborative and/or interdisciplinary research.
2. Enhance research infrastructure and networking capacity.
3. Increase and effectively manage the resources.
4. Provide education and training in research and related skills, for undergraduate students & faculty.
5. Contributes to the university's strategic educational and research missions and to support synergies between research, teaching and learning.
6. Transfers the outcome of research or the knowledge gained through research to the community.

## 7. **Advisory Board**

- Chairman RCoD
- Vice Chairman RCoD
- Principal RCoD
- Director R&D

### **Council/ Advisory Committee:**

Prof. Dr. Hina Zafar Raja - Director

### **Technical Review Committee**

- Prof. Dr. Fahad Mehtab Dogar
- Dr. Mariyah Javed
- Dr. Maira Mubashar
- Dr. Bushra Mazhar
- Hafiz. M. Jasim (Biostatistician)

### **Ethical Review Committee Team Members**

- Dr Muhammad Saad Ullah
- Dr Hira Anjum
- Islamic Scholar
- Lawyer: Mr Farman Ali
- Farhan Aziz – General Population
- Maria Khan – General Population
- Hafiz. M. Jasim (Biostatistician)

### **Development Team Members**

- Dr. Shaher Bano (Secretary)
- Dr. Hajra Talat (Department of Dental Education)

### **Student Research Council**

- 1st yr BDS – 2 students
- 2nd Yr BDS – 2 students
- 3rd Yr BDS – 2 students
- 4th Yr BDS – 2 students
- Cooperate members can be added as per the research activity.

## **Quality Assurance Cell**

The Quality Assurance (QA) Cell at Rahbar College of Dentistry dental college is dedicated to maintaining the highest standards of education, clinical training, and student support. The QA Cell oversees curriculum development, faculty training, and the continuous assessment of academic and clinical performance. It ensures compliance with accreditation standards, fosters a culture of continuous improvement, and prioritizes student feedback for enhancing the learning experience. By monitoring both academic progress and clinical outcomes, the QAC guarantees that students receive a well-rounded education, preparing them to meet the evolving demands of the dental profession.

### **Officer Quality Assurance Cell**

Dr. Shujia Aimen

## Curriculum of BDS Course

Following courses will be covered in each respective year of the four-year BDS course program.

Year	Subjects
1st year	Oral Biology Anatomy Biochemistry Physiology Research Methodology Islamiyat /Ethics and Pakistan Studies
2 <sup>nd</sup> year	Science of Dental Materials Community and Preventive Dentistry Pre Clinical Operative Dentistry integrated with Den Materials. Pre Clinical Prosthodontics integrated with Dental Materials General Pathology Pharmacology Behavioral Sciences
3rd Year	Periodontology Oral Pathology Oral Medicine General Surgery General Medicine Clinical Prosthodontics Clinical Pre Operative Dentistry & Endodontics Pre Clinical OMFS Research and General Courses
4 <sup>th</sup> year	Operative Dentistry & Endodontics Pediatric Dentistry Oral & Maxillofacial Surgery Orthodontics Prosthodontics Research and General Courses



### House job Program:

Clinical rotational schedule

Specialty	Duration
Comprehensive Care Dentistry	3 Months
Operative Dentistry and Endodontics	1.5 Months
Prosthodontics	1.5 Months
Periodontics	1.5 Months
Oral and Maxillofacial Surgery	1.5 Months
Orthodontics	1 Month
Oral Medicine and Radiology	1 Month
Pediatric Dentistry	1 Month

### Mandatory requirements

- Submission of one research project
- Submission of 1 comprehensive case in e portfolio
- Passing the multidisciplinary bench test based as licensure exam.
- The prospectus for House Job Program can be accessed at official website address, [rcod.com.pk](http://rcod.com.pk)

### **Admission Policy RCOD:**

Persons intending to seek admission into Rahbar College of Dentistry, Lahore, must fulfill the following eligibility criteria:

### **Eligibility Criteria (Local & Foreign Student)**

#### **Academic Qualifications:**

##### **Local students**

- Have passed the MDCAT examination
- F.Sc. (Higher Secondary School Certificate HSSC) or an equivalent 12th grade qualification from a foreign university recognized by PM&DC.
- Three science subjects must be included, with Biology and Chemistry being mandatory.
- A minimum aggregate of 60% marks is required (excluding NCC or Hifz-e-Quran marks).
- The third subject can be either Physics or Mathematics.
- Students holding an American High School Diploma or A-level qualifications must submit an Equivalence Certificate issued by IBCC (Inter Board Committee of Chairmen) along with their application form. The Equivalence Certificate must be submitted at the time of application submission. No Equivalence Certificate will be accepted after the application deadline. A provisional certificate from IBCC is acceptable for the initial submission of the application form. Certificates can be obtained from the following offices of the Inter Board Committee of Chairmen (IBCC). These offices facilitate the issuance of Equivalence Certificates required for students holding American High School Diplomas or A-level qualifications. It is mandatory to submit this certificate at the time of application submission, and no Equivalence Certificate will be accepted after the application deadline.

1	Islamabad	Inter Board Committee of Chairman Plot No. 25, Street 38, G-10/4 near Federal Govt. Employees Housing Foundation, Islamabad Tel: 0092-51-9330251-4 Website: <a href="http://www.ibcc.edu.pk">www.ibcc.edu.pk</a>
2	Lahore	Inter Board Committee of Chairman Regional Office at Board of Intermediate & Secondary Education 86 Mazang Road, Lahore Tel: 0092-42-99203893 Fax: 0092-42-99203893
3	Karachi	Inter Board Committee of Chairman Regional Office at Board of Intermediate & Secondary Education Bekhtiari Youth Center, North Nazimabad, Karachi Tel: 0092-21-36639878 Fax: 0092-21-36639878
4	Peshawar	Inter Board Committee of Chairman Mall Road, Peshawar Cantonment, Peshawar, Khyber Pakhtunkhwa Tel: 0092-91-9214154
5	Quetta	Inter Board Committee of Chairman Cantonment, Quetta, Balochistan Tel: 0313-8334481

### **Foreign Students:**

For foreign qualifications, SAT-II with a minimum score of 550 in each subject or a foreign MCT or UCAT examination with a minimum of 50% marks in each subject. Students applying on foreign seats shall pay the fees of a foreign student only.

### **Weightage Criteria for Calculation**

SSC/Matriculation/Equivalent Qualification -	10%
HSSC/ F.Sc. Pre-Medical/ Equivalent -	40%
MDCAT	- 50%

### **Age Limit:**

There is no specific minimum or maximum age limit for admission to the BDS course.

### **Health Requirements:**

Given the demanding nature of the profession, candidates should possess adequate mental and physical health

### **Admission / Selection Process:**

- College prospectus with application form, fee challan are available at RCoD admission office.
  - Local form admission fee: PKR Rs 2000/-
  - Foreign form admission fee: USD 50/-
- Application forms with evidence of paid fee, are to be submitted at RCoD admission office.
- The applicants shall be selected on merit for admission in RCoD, as per the above-mentioned weightage criteria.
- 1st Admission merit list shall be displayed on the college website within 15 days of announcement of MDCAT result.
- Admission will be confirmed for selected students only after the payment of college admission, tuition, and other fees within the specified period following the announcement of results by the college.
- Failure to make the complete payment by the due date will result in the seat being offered to the next candidate on the merit list.
- Upon admission, the college will verify Matric, F.Sc, and other certificates with the respective board through UHS.
- If any discrepancies are found in the documents, the admission will be revoked, and fees will not be refunded.
- In cases where multiple students have the same merit position, preference will be given to the older student.
- Hepatitis – B vaccination certificate to be rendered by the parents along with attested copy of vaccination card.
- Undertaking form attached at the end of college prospectus or can be downloaded from the college website: [www.rcod.edu.pk](http://www.rcod.edu.pk) or obtained from college admission office.

- Following 5 X attested copies of documents are required to be submitted at RCoD admission Office.

S/No	Documents Required	No
1	Matric / SSC and FSc / HSSC mark sheet and certificate issued by concerned BISE duly attested by IBCC	1 each
2	Matric / SSC and FSc / HSSC mark sheet and certificate issued by concerned BISE duly attested by IBCC	08
3	Photographs 1" x 1" with blue background. (Student should write name at back side of the photographs).	08
4	Photographs Passport Size with white background. (Student should write name at back side of the photographs).	08
5	Photocopies of Matric / O' Level with IBCC Equivalence	08
6	Photocopies of FSc / A' Level / High School Diploma with IBCC Equivalence	08
7	Photocopies of Transcript of O and A Level / High School Diploma	06
8	Photocopies of result of UHS MDCAT	06
9	Photocopies of Domicile of Student	06
10	Photocopies of Domicile of Student	06
11	Photocopies of Passport for Foreign Students (if applicable)	06
12	Photocopies of CNIC of Student (Both Sides, Full Page of A-4 size)	06
13	Photocopies of CNIC of Father / Guardian (Both Sides, Full Page)	06
14	Photocopy of Fee Deposited Voucher issued by Accounts Department RCoD	01
15	Original Migration Certificate, if required.	01
16	Personal Bio data form (To be filled online and downloaded from RCoD official Website, duly signed by Student & Father / Guardian)	01
17	Undertaking (Specimen to be downloaded from Official Website of RCoD & printed on Paper). (Duly countersigned by the Parent / Guardian)	01
18	Last Income Tax Certificate of Father / Guardian	01
19	Vaccination Certificate against COVID-19, Hepatitis B & other vaccinations.	01
20	Physical Fitness Certificate by an RMP	01

### **Fee Structure for BDS**

Academic Program 2025-2029

#### **A: Fee structure**

Rahbar College of Dentistry Fee Structure for BDS applicable to Pakistani National Students for Academic Program 2025-2029

<b>Fixed fee and charges</b>	<b>Year 1</b>	<b>Year 2</b>	<b>Year 3</b>	<b>Year 4</b>	<b>Total for program</b>
Admission Fee (PKR)	PKR 40,000				PKR 40,000
Annual Fee (PKR)	PKR 20,00,000	PKR 22,00,000	PKR 24,20,000	PKR 26,62,000	PKR 92,82,000
<b>Total Annual Fee (PKR)</b>	PKR 20,40,000	PKR 22,00,000	PKR 24,20,000	PKR 26,62,000	PKR 93,22,000

Fee Structure for BDS applicable to Foreign/Dual National/Overseas Pakistani Students for Academic Program 2025-2029

<b>Fixed fee and charges</b>	<b>Year 1</b>	<b>Year 2</b>	<b>Year 3</b>	<b>Year 4</b>	<b>Total for program</b>
Annual tuition fee (USD)	12,000\$	13,200\$	14,520\$	15,972\$	55,692\$

- Annual hostel charges are PKR 4,45,000/-

**Confirmation of Admission:-**

Admission of the selected students will be confirmed only after they have deposited the college admission, tuition and other fees as prescribed, within specific days of announcement of the result. If a seat is not confirmed by due date, it will be offered to the next candidate on the merit list.

Once a student is admitted in the college, his Matric, F.Sc, and other certificates will be verified from respective board. If the documents are found incorrect, the admission will be cancelled and the fees/ dues will not be refunded.

In case of students with same merit position, preference will be given to the student who will be older in age.

**B: Fee Deposit Policy**

- All fee rates mentioned are subject to change without prior notice.
- Specific dates for fee payments are fixed and communicated at the beginning of the academic year through notice boards.
- The college administration does not assume responsibility for reminding parents/guardians about fee payments.
- Students must settle all outstanding dues before they are permitted to appear in university examinations.
- Fine and penalties for late payments are as follows:
  - A fine of Rs. 1000 per day will be imposed if the fee is paid within 31 days after the due date.
  - A fine of Rs. 2000 per day will be imposed if the fee is paid after 31 days following the initial 31-day period.



- If a student fails to pay after 61 days (without valid reason) from the due date, they will be suspended from attending classes until all dues, along with fines, are settled.
- If a student does not pay after 91 days from the due date without written permission, they will be suspended from the college rolls. Re-admission will require payment of the full admission fee.

### **C: Policy of Students Fee Concession**

#### **Scholarship Award Policy**

- It is mandatory for the institution to grant a 25% waiver on tuition fees to 5% of the enrolled students each academic year.
- This policy is intended to support students who demonstrate exceptional academic performance, financial need, or other qualifying criteria as determined by the institution.
- The fee waiver is applicable for one academic year and may be renewed subject to the student's continued eligibility.
- Recipients must maintain the academic and conduct standards of the institution to retain the fee waiver.
- The fee waiver covers tuition fees only and does not include other expenses such as books, supplies, or living costs.

#### **Scholarship Modalities:**

##### **Merit-Based Scholarships (1st & 2nd Position Holders):**

Scholarships amounting to Rs 200,000 (Rupees two hundred thousand only) for 1st position holders and Rs 150,000 (Rupees one hundred and fifty thousand only) for 2nd position holders in the annual university exams will be granted upon application by the students. A total of 8 scholarships will be awarded as follows:

- 08 for BDS – 1st to 4th year (2 students per class).

**Need-Based Financial Assistance:**

Financial assistance of Rs 125,000 (Rupees one hundred and twenty-five thousand only) will be granted to students based on financial need. A total of 3 scholarships will be awarded as follows:

- 03 for BDS – 2nd to 4th year (1 student per class).

**Eligibility Criteria:****Unexpected Financial Hardship:**

- Sudden loss of family income due to unemployment, disability, or death of the primary wage earner.
- Major medical expenses for the student or immediate family members.
- Natural disasters or other catastrophic events that impact the family's financial stability.
- The family's total annual income, after the occurrence of the financial problem, should not exceed Rs 12,00,000.
- The student must be in good academic standing, maintaining a minimum percentage as specified by the institution's academic policies

**Application Review:**

All applications of a & b category will be reviewed by a board of officers consisting of the following members:

- Principal RCoD
- Dy Director Administration
- HOD Dental Education
- Manager Student Affairs
- Accounts & Finance

**Application Submission:**

Needy students must submit a written application for need-based financial assistance addressed to the Principal RCoD, along with the

required documents to assess financial background and academic performance.

- Dy Director Administration shall verify the financial status of the applicant.
- HOD Dental Education & Manager Student affairs shall submit a report on the academic status of applicant
- Accounts & Finance shall update on feasibility and scholarships history of RCoD.
- Principal RCoD shall recommend the application to the Vice Chairman/Chairman for approval.

#### **Refund Policy**

- The college adheres to the refund policy established by the PM&DC regarding the reimbursement of admission and tuition fees to students.
- This policy is subject to modification based on directives from PM&DC.

#### **Hostel Fee Policy**

- Refundable Hostel Security: 25,000 (PKR)
- Before joining the hostel, all residents are required to deposit a refundable hostel security fee. Amount will be refunded upon clearance.

#### **General rules & regulations:**

- Payment of fees is required at the time of admission.
- Local students can pay their fees through a pay order made out to Rahbar College of Dentistry.
- Foreign students must remit the fees in USD through a banking channel from abroad.
- Foreign students must pay the fees in PKR through a pay order to the account title mentioned above.

- The fees and charges mentioned apply to the first year only.
- The College administration does not send reminders to parents/guardians for fee payments.
- Detained students will incur charges according to PM & DC regulations.
- Fee refunds for new admissions will adhere to PM & DC regulations.
- If foreign students fail to meet specified tax exemption conditions, the College will collect advance tax at prevailing rates.
- Hostel accommodation is subject to availability.
- The use of hostel accommodation must comply with college rules and regulations.
- Air conditioner usage in the hostel incurs separate charges.
- Mess and laundry services are mandatory for hostel residents.
- If fees are revised by PM & DC at any time, the College will adjust fees accordingly.
- For any further queries, please contact the Accounts Department.
- RCoD regularly reports the drop out of students to PMDC within the first two years, to maintain total admission record.

### **Assessment policy**

- Each student must appear in the yearly professional exam of all subjects specific for that particular, to qualify for the successive year.
- There is continuous assessment throughout each year through (end of term) block exam, send-ups and professional Exam.
- Assessment procedures are as follows;

### **Types of Assessment Procedures (Table 1)**

#### **Formative Assessments:**

- Formative assessments, conducted regularly throughout the term, provides feedback to students with the aim of enhancing their learning and improving their performance in summative evaluations.
- It is carried out informally and as required during and after lectures (e.g., 1- minute feedback, class test, problem-based questions, quizzes), tutorials (e.g., question and answer sessions), case-based discussions, written assignments, and class presentations.
- Log books contain rubrics for continuous self-assessment of the practical /clinical sessions, as well as formative assessments.
- Portfolio development is also promoted and assessed as part of the formative evaluation process.
- Reflection is a mandatory part of all laboratories, pre-clinical and clinical exposures
- Regular feedback sessions are held after each block/term examination to aid in improving student performance.

## **ii. Summative Assessments:**

- Conducted as end term exam (Block Exam) carrying 4% weightage to be included in a total of 10% within internal assessment. Each exam shall consist of theory and practical examination.

The division of weightage shall be as follows.

- Written exam consists of MCQs & SEQs, carrying 50% weightage.
- Practical exam consists of OSPE/OSCE and structured viva, carrying 50% weightage.
- Marks of each exam (End term) are included in internal assessment.
- Research carries 1% weightage in internal assessment.
- Send up carries 1% weightage in internal assessment.
- Attendance carries 2% weightage in internal assessment, with equal contribution of (1%) each, of lecture & practical/clinical sessions. Minimum required attendance = 85% = 2% weightage in assessment.
- Generic competencies carry 2% weightage in internal assessment. (Table 2)
- The passing percentage for each exam is 50%.
- Candidates failing to gain passing scores in annual and supplementary exam, shall be detained in the existing year.

## **iii. Islamic Studies/Civics and Pakistan Studies**

- Islamic Studies/Civics and Pakistan Studies will be assessed in first professional examination.
- The paper will carry 100 marks in total. Islamic Studies contains 60 marks and Pakistan Studies carries 40 marks.

- In Islamic studies part, there will be three LEQ to be attempted out of five LEQs, carrying 20 marks each.
- In Pakistan studies part, there will be two LEQ to be attempted out of four LEQs, carrying 20 marks each. Note: Islamic studies is for Muslims and civics is for non-Muslims.

	End Term/ Block - 1	End Term/ Block - II	End Term/ Block - III	Send up examination
<b>Subject 1</b>				
<b>Subject 2</b>				
<b>Subject 3</b>				
<b>Subject 4</b>				

#### **iv. Research Assessment Plan: (Table 1)**

- A research coordinator of each year shall submit a report in each block about the progress of each student of the given research project.
- Completion of each step in respective year shall score for each respective year.
- Research coordinator of each year shall submit the report to Director, Research & Development cell & Department of dental education.
- Department of dental education shall communicate the report to each internal examiner for inclusion in respective internal assessment of each year.

**(Table 1: Research Assessment Plan)**

Sr. No.	Status	Year of completion	Score
1	Group formation, Topic Selection, Synopsis writing	1 <sup>ST</sup> Year	(0.33, 0.33, 0.33) = 1
2	Proposal submission & approval by ERC & TRC with certificates.	2 <sup>nd</sup> year	(0.33, 0.33, 0.33) = 1
3	Data Collection & Analysis	3 <sup>rd</sup> year	(0.50, 0.50) = 1
4	Manuscript writing, Reviewing and Editing	Fourth year	(0.50, 0.50) = 1
5	Article submission & Publication	House job	(0.50, 0.50) = 1

**v. Assessment of Generic Competencies.** Total weightage in internal assessment = 2% **(Table 2)**



**Table 2: Assessment of Generic Competencies\***

Competencies	Weightage in competencies assessment (2%)	Components	Score
Professionalism	3	Communication skill	0.50
		Time management	0.50
		Ethics & integrity	0.50
		Teamwork	0.50
		Problem solving skills	0.50
		Empathy in patient care	0.50
Critical thinker	2	Analysis	1
		Inference	1
Creativity	1	Innovation	1
Leadership	1	Vision & Strategy	0.5
		Decision making	0.5
Emotional intelligence	1	Self-regulation	1
Life-long learner	2	Curiosity	1
		Self-directed learning	1

Rationalize the marks to 2% of 200 marks which is 4.

Marks obtained to be divided with 10 and multiply by 4.

**(Table 3: Key For Assessment Of Generic Competencies)**

Criteria	Unsatisfactory	Needs Improvement	Satisfactory	Exemplary
Communication Skills	Incoherent, unclear, or inappropriate communication	Communication is often unclear or lacks clarity	Communicates effectively and professionally	Communicates with exceptional clarity, persuasiveness, and adaptability
Time Management	Frequently misses deadlines, fails to prioritize tasks	Occasionally misses deadlines, struggles with prioritization	Meets deadlines consistently, manages time effectively	Excels at time management, consistently exceeds expectations
Ethics and Integrity	Demonstrates unethical behavior, lacks integrity	Occasionally exhibits questionable behavior, may compromise integrity	Adheres to ethical standards, maintains integrity	Exemplifies ethical behavior and integrity in all interactions
Teamwork	Reluctant to collaborate, works independently	Contributes to the team but may have difficulty working with others	Works effectively as part of a team, contributes positively	Leads and inspires the team, fosters a collaborative environment
Problem-Solving	Avoids challenges, unable to find solutions	Struggles to solve problems independently, needs guidance	Solves problems effectively with occasional guidance	Consistently identifies and solves complex problems creatively and efficiently
Patient Care	Neglects patient needs, provides substandard care	Provides adequate patient care but may lack	Delivers high-quality patient care,	Excels at patient care, consistently goes above and beyond

		empathy or compassion	demonstrates empathy	
Critical thinker: Analysis	Unable to identify key components or relationships	Identifies some components but struggles to analyze relationships	Analyzes information effectively, identifies key components and relationships	Excels at analysis, breaks down complex information into its constituent parts and evaluates their significance
Critical thinker: Inference	Makes unfounded or illogical conclusions	Draws some inferences but may lack supporting evidence	Draws logical inferences based on evidence	Excels at inference, draws insightful and well-supported conclusions
Creativity/Innovation	Lacks innovative ideas, relies on conventional approaches	Shows some innovation but may struggle to generate truly novel ideas	Demonstrates innovation, presents new and original approaches	Excels at innovation, generates groundbreaking and transformative ideas
Leadership: Vision and Strategy	Lacks clear vision and strategic direction	Has a basic vision but may struggle to articulate it	Develops a clear vision and strategic plan	Excels at vision and strategy, inspires and motivates others with a compelling vision
Leadership: Decision-Making	Makes poor decisions, lacks judgment	Makes reasonable decisions but may need guidance	Makes sound decisions, demonstrates good judgment	Excels at decision-making, consistently makes effective and strategic choices
Emotional intelligence; Self-Regulation	Unable to manage emotions effectively,	Manages emotions but may struggle	Effectively manages emotions,	Excels at self-regulation, consistently demonstrates

	reacts impulsively	with stress or conflict	controls impulses	emotional maturity and resilience
Life-long learner: Curiosity	Lacks curiosity, shows little interest in learning	Shows some curiosity but may not be motivated to explore new things	Demonstrates curiosity, is eager to learn and explore new ideas	Excels at curiosity, is highly curious and motivated to seek out new knowledge and experiences
Life-long learners: Self-Directed Learning	Relies heavily on external guidance, struggles to learn independently	Takes some initiative in learning but may need guidance	Effectively learns independently, sets goals and takes responsibility for own learning	Excels at self-directed learning, is highly motivated and self-disciplined, able to learn effectively on their own

#### vi. Complete Assessment Criteria (Table 4)

Types of Assessment		Wght	Frequency and Time	Methods/ Tools for Assessment
Formative		-	Informally during and after the session.	Class tests (MCQs, SEQs), Class presentations, Assignments, Tutorials, Case Based Discussions, Problem Based Learning, Portfolios
Summative	Internal Assessment	10%	Block exam (4%) Research (1%) Send up score. (1%) Attendance (2%) Lecture Clinical/ Lab Generic competencies (2%)	MCQs (one best answer), SEQs, OSPE (non-clinical years), OSCE (clinical years), Simulated patients and Phantom headlab procedures, Viva Voce, Logbook and clinical quotas. Assessment of generic competencies through rubrics
	University Exam	90%	Once at the end of academic year	MCQs (one best answer), SEQs, OSPE (non-clinical years), OSCE (clinical years), Logbooks and quotas, Viva Voce clinical cases

### **vii. Assessment Format:**

Each end of term (block exam) written and practical/clinical exam assessment format will be as follows:

#### **Written assessment:**

##### **End of term (Block) assessment format:**

MCQs	20 MCQs(20mins)
	20 marks
SEQs	10 SEQs of 3 marks each
	30 marks
Total marks	50

#### **Send-up and Prof Assessment format:**

##### **Major Theory Exam: 3 hours**

MCQs	45 MCQs (45 mins)
	45 marks
SEQs	15 SEQs of 3 marks each (2 hour
15min)	45 marks
Total marks	90 marks

##### **Minor Theory Exam: 2 hour 30 min**

MCQs	21 MCQs (30 mins)
	21 marks
SEQs	8 SEQs of 3 marks each (2 hour)
	24 marks
Total marks	45 marks

### **MCQs format**

- MCQs in all exams will be single best type.
- There will be five options in each MCQ.
- There will be no negative marking.
- MCQs will be of C2 and C3 level.

### **SEQ format**

- SEQs will be based on major content areas of the respective subject.
- Each SEQ carries 3 marks.

### **Oral/Practical/Clinical Exam format in Send up.**

**Major Subjects** - Oral and practical Examination - 90 marks

**Minor Subjects** - Oral and Practical Examination - 45 marks

Practical/Clinical assessment will be done with OSPE/OSCE stations with the weightage as mentioned above.

### **Marks Distribution:**

#### **Major Subjects**

- Total marks of each major subject = 200
- Written assessment marks = 90
- Oral/Practical marks = 90
- Internal Assessment marks = 20

#### **Minor Subjects**

- Total Marks of each minor subject=100
- Written assessment marks= 45
- Oral/Practical marks= 45
- Internal Assessment marks=10

## Examination Development and Administration

### Development Process

- **Question Pool:** Course head, with teaching faculty, will develop a departmental assessment question pool.
- **Pre exam analysis:** Subject head with their faculty will revise question items with dental education before submitting in a password protected flash drive to department of dental education. Department of dental education shall approve the formatting of reviewed questions, two weeks prior to the assessment date.
- **Question paper printing & Answer sheets:** Course head will collect the printed papers with answer sheets in sealed envelopes from department of dental education on the day of examination.
- **Conduct of exam:** The seals of papers shall be opened in the examination halls in the presence of candidates and two invigilators. The whole activity shall be monitored.
- **Post-Item Analysis:** Post-item analysis of MCQs will be done at departmental level using a software. The report will be discussed in a meeting in the department and minuted. Based on the item analysis report and subject in-charge approval, the MCQs will be modified or eliminated from future exams. Also, re-scoring if a significant number of items are problematic.
- **Results Notification:** Results will be notified to the students within two weeks of the examination.
- **Post-Examination Feedback:** Feedback after each assessment will be provide.



**Eligibility Criteria.****Attendance:**

- Minimum 85% attendance of all educational activities i.e. lectures, SGD's/tutorials, practical/clinicals, official symposia, co-curricular/extra-curricular activities including sports day and community visits.
- Leave is considered an absence unless supported by valid documentation.

**Supplementary Students:**

- Supplementary students must attend classes of the new academic session for better subject orientation.
- Lecture attendance will be 80%, counted immediately after the supplementary theory exam.

**Detained Students**

- Must pass all end of term (block exams) and send-up tests and attend planned lectures.
- Detained hostel students' lecture policies may vary with the Principal's permission.

**Internal Assessment:**

- Pass mark is 50% of total test scores for each subject.
- Send-ups must be passed.

- Academic evaluations will ensure consistent assessment and feedback processes.

### **Individual Assessment Criteria**

- Faculty will review individual assessments regularly to determine student progression.
- The academic coordinator will offer assignments for underperforming students.
- Parent-teacher meetings will be held for underperforming students at designated times.

### **Feedback**

Faculty will provide feedback after each block and at conclusion of an academic year.

- Formative feedback during each preclinical course/module.
- Mandatory feedback for major exams (like end of term) block exams.
- Clinical test feedback at the end of each rotation.
- Students should review assessments by contacting the course director.

### **Appeal Mechanism for Results**

- Students can apply for rechecking of results (block exam) within two working days of the result declaration
- The application will be submitted to the Department of Dental Education and will be approved by the principal RCoD.
- Applications received after that will not be entertained.
- No fees will be charged for rechecking
- The answer sheet will only be shown to the student in the presence of subject head and HoD dental education.
- Response after the appeal of the result rechecking will be declared within one week.
- The rechecking of professional exam will be according to UHS policy.

### **Quality Control**

- Quality Assurance Cell can facilitate the resolution of any issues, contributing to successful outcomes.
- Data from assessments will be leveraged to improve the effectiveness of academic staff, the performance of students, the quality of courses, and the institution's overall operations.
- The Department of Dental Education will carry out frequent evaluations of academic activities and ensure the implementation of this policy by keeping comprehensive records of assessment data.

## **Transfer and Migration Policy**

Rahbar College of Dentistry will proceed to fill seats by migration/transfer from other medical colleges, following the guidelines prescribed by UHS. The University of Health Sciences (UHS) Lahore, invites online applications, as per the prescribed procedure, for migration of MBBS/BDS students enrolled in affiliated Private Sector Medical/Dental institutions under **“Regulations for Migrations of Students 2023”, notified on 24th January, 2024.**

The college-wise detail of vacant seats for the purpose of migration is as follows: PMC National Transfer Policy on vacant seats 2022 and UHS framework for migration. Additionally, RCoD will report dropout students to PM&DC in the first two years in order to maintain the total admission record.

### **Eligibility Criteria:**

1. The applicant must be enrolled in a Private Sector Medical/Dental College duly recognized by Pakistan Medical and Dental Council (PM&DC).

2. For migration to the Second, Third or Final Year BDS, the student must have passed the BDS First Professional, Second Professional or Third Professional university examination respectively.
3. In case of inter-university migrations, UHS Equivalence/Relevance Committee shall determine the equivalence in terms of courses and subjects studied/passed and shall identify the deficient courses and subjects. Migrations shall not be allowed to students having deficient courses and subjects for the said level.
4. A student studying in a foreign college/institute may apply for migration to an affiliated private sector medical/dental institution subject to having completed at-least two years of studies and passed the corresponding final examinations for the period of study completed in the foreign college / institute and having qualified the National Equivalence Board (NEB) Exam conducted by the Pakistan Medical & Dental Council (PM&DC). In case a prescribed subject is being taught at the University but not examined in the NEB Examination, UHS shall conduct an examination in the said subject.

## **Code of Conduct**

All students of Rahbar College of Dentistry are to carefully read the rules and abide by the rules as envisaged in the prospectus, college notification, student guide, and their modifications as and when issued. Violation of these rules is tantamount to breaching college discipline. The case as maybe will be investigated by the designated inquiry committee and forwarded if needed to Disciplinary Committee for further action. The recommendations will be forwarded to the Principal/Dean of RCoD for necessary further action.

### **General rules:**

- a) The students must display their identification cards at all times while on the college premises and hospital.
- b) All students must maintain the decorum of the college through decent and respectable behavior. Students are forbidden to sing, whistle, hoot, create noise, use abusive language, fight and indulge in any unseemly behavior or activity on the college premises at any time.
- c) No student is allowed to loiter and move aimlessly in and around college premises or waste his/ her time in the college cafeteria extensively.

- d) Students have to be present on time, at any specified activity of the college.
- e) Student notices/messages will only be displayed on the notice board placed by the college authorities with the approval of the principal.

### **Academic Regulations:**

Mandatory compliance is expected of the rules and regulations vide- Undertaking given on admission. All fines imposed and disciplinary actions taken will be mentioned on the college leaving certificate.

#### **1. Attendance**

The Attendance should be 100% in all interactive lectures / practical / clinical sessions. As per requirements of UHS & PM&DC, a minimum attendance of 85% is MANDATORY “individually” in each subject being taught in that year (in lectures / practicals / clinical sessions), in order to qualify for appearing in UHS annual exam. This will be strictly enforced. The margin of 25% of absence in lectures, practicals, tutorials, demonstrations and clinical wards is desired to cover absence only on account of sickness or any emergency if considered justifiable by the principal. Repeated absence from lectures, practicals, tutorials, demonstrations and hospital clinical wards, without any justified reasons, will make a student liable for punishment.

The students must periodically check their attendance record from concerned department.

For leave of absence, the students must apply in writing and get it countersigned by all HODs before submitting at the principal office. The reasons for his/her request should be clearly mentioned. In all cases, leave taken will be at the student's own risk as far as the percentage of the attendance is concerned; even the medical certificate will not condone for any deficiency in attendance.

## **2. Academic Performance Assessment**

Attaining of 50% marks individually in each subject in Class tests / Block test / Final term / pre-annual examination is MANDATORY. A student can be dropped from appearing in University Exam by the Principal on account of poor academic performance.

### **Disciplinary Regulations:**

- a) Ragging is strictly prohibited. Anyone found guilty will be imposed a heavy fine and other disciplinary actions including rustication/ expulsion from college/ hostel.
- b) The students should wear a white coat and their I.D tags all the time during academic hours.
- c) Roaming on college premises is prohibited.



- d) The appearance and dress code must be by the accepted norms and dignity of the profession. The following are not allowed:  
Extreme hairstyles, Revealing clothes, Body and face jewelry (except small ear studs, necklace, and simple ring), Untidy dress, Slippers Track Suite Trousers
- e) Pasting/ hanging posters, graffiti, and promotion material of any kind is prohibited.
- f) Any type of political activity, demonstration, protest, or procession is strictly prohibited. Offenders/ abettors will be expelled from college.
- g) No religious ceremony likely to hurt the feelings of other students shall be performed in the college/ hostel
- h) Any damage whatsoever caused by the student will be recovered/ repaired 'as per actual' from him/ her. A fine may also be imposed.
- i) All students must provide their and parents' / guardians' correct mailing addresses e.g., phone numbers and emails. Any falsification in this regard will be considered a breach of discipline and any loss to college consequently, will be recovered from the student in addition to fine.
- j) Use of Alcohol and drugs and keeping of arms of all types are strictly prohibited. The offender will be expelled from college.

- k) Falsification/ abuse of college record/ data shall be considered a serious offense, resulting in strict disciplinary action.
- l) Any misconduct/ negligence on the part of a student which endangers the life, health, and safety of other students and/ or staff or brings disrepute to the college shall be considered a serious offense and will be punished accordingly.
- m) Violation of morals, such as the use of indecent language, inappropriate remarks, and gestures, abusive quarrelling, fighting, and insolence towards fellow students, faculty, or staff.
- n) Impersonation of any academic, financial, or otherwise gain shall be considered a serious offense and will be punished accordingly.
- o) Theft and fraud will bring severe punitive action to the offender.
- p) Any intimidation/ harassment for the reasons of age, gender, race, disability, or religious belief shall result in expulsion from college.
- q) College and Hostel premises are strict 'NO SMOKING' zones. Non-compliance in this regard will result in a fine of Rs.1000/- and a warning. The parents will also be intimidated. On the next violation, rustication of students

will result. The third violation will result in expulsion from college.

- r) Any kind of press conference, interview, writing articles, etc. in media (print and electronic) are strictly prohibited violation shall be seriously punished.
- s) Parking of vehicles of students inside college premises is not allowed.

### **DISCIPLINARY COMMITTEE:**

The college Disciplinary Committee keeps effective watch over maintenance of discipline and enforces the code of conduct in routine daily matters. A team nominated by the principal, will comprise the committee. In cases of any breach of discipline, the decision taken by the principal will be final and can't be challenged. The committee will meet on quarterly / required basis.

Composition of the committee will be as under:

HOD Prosthodontics (Prof. Dr. Hina Zafar Raja) - Convenor

HOD Oral Pathology (Dr. Muhammad Behzad Salahuddin)

HOD Behavioral Sciences

HOD Dental and Medical Education

Deputy Dir Admin

## College Infrastructure & Educational Resources:



Rahbar College of Dentistry is designed with a sophisticated infrastructure that caters to the diverse needs of its students and faculty, providing a state-of-the-art environment for dental education and practice

The ground floor houses several specialized departments integral to a well-rounded dental education with the crucial Diagnostic Department featuring latest imaging technology, including OPG (Orthopantomogram) X-rays and CBCT (Cone Beam Computed Tomography). OPD is supported by a wide, spacious waiting area designed for patient comfort, with ample seating for over 200 patients and excellent ventilation to ensure a pleasant environment. Followed by Orthodontics Department (Ortho), Periodontics Department and Oral Surgery Department each equipped with advanced technology and facilities. The Oral and Maxillofacial Surgery Department (OMFS) offers training for complex surgeries with high-tech surgical procedures being performed in separate Operation Theatre. The Prosthodontics dept, Operative Dentistry Department (Operative) focuses on restorative treatments, while the Pediatric Dentistry Department provides child-friendly dental care. Comprehensive care clinic offers innovative multidisciplinary learning experience.

This level also houses essential departments including the Central Sterile Services Department (CSSD), which maintains the highest

hygiene standards for sterilizing instruments and equipment. Additionally, the presence of Consultants Clinics provide space for faculty to offer specialized consultations, and the conference room enriches the official experience within ambient environment.

The first floor of Rahbar College of Dentistry features specialized labs and educational spaces to enhance practical learning. The Ceramic Prosthetic Lab allows students to work with advanced materials for creating ceramic prosthetics. The Dental Museum provides insights into the history of dentistry. The Cephalometric/Orthodontics Room (Ceph/Ortho) is equipped for cephalometric analysis and orthodontic planning. The Multipurpose Lab supports various experimental needs, while the Skills Lab offers hands-on practice with simulators.

The college is well equipped with the latest dental units and advanced instruments in each department, providing students with hands-on experience using cutting-edge technology and ensuring they are prepared for modern dental practices. Tutorial rooms/SGD are well-equipped with LED screens and high-quality microphones, ensuring an effective and engaging learning environment. Lecture halls are well equipped with microphones, projectors, and comfortable seating, facilitating effective presentations and an optimal learning experience. Separate Common Rooms for Girls and Boys offer comfortable spaces for relaxation and socialization.

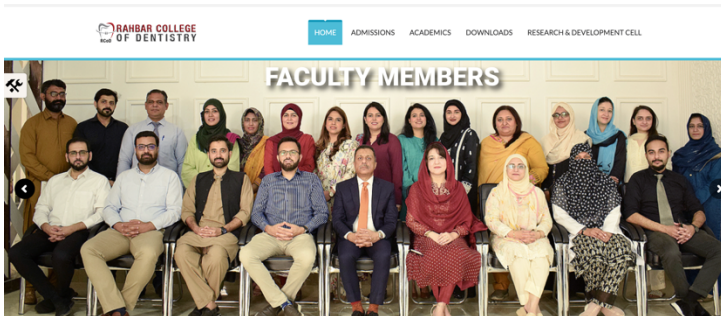
Rahbar College of Dentistry's infrastructure is designed to create an optimal learning environment, combining modern amenities with

practical resources to support the academic and professional development of its students.



### RCOD Website:

Rahbar College of Dentistry, offers global access through RCOD designated website <https://rcod.com.pk/rd/>. The virtual platform offers phenomenal communications and display of institutional portfolio. It contains information about research & educational activities.

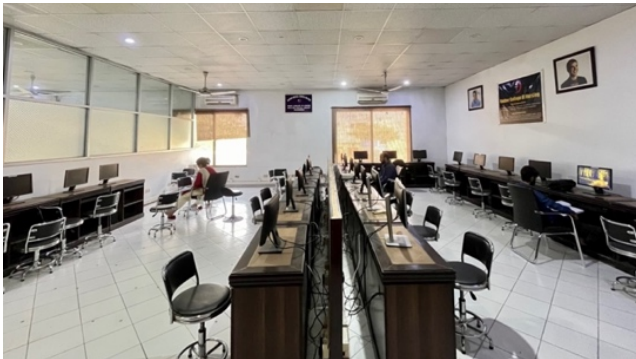


### **Learning Management System**

At Rahbar College of Dentistry (RCoD), the Learning Management System (LMS) will transform education by providing a virtual platform for efficient online learning. The LMS will be crucial in maintaining educational continuity during circumstances like the COVID-19 pandemic, ensuring that learning remains uninterrupted even when physical classrooms are inaccessible.

Embracing this platform will facilitate seamless learning and teaching. We are committed to continuously enhancing the LMS by incorporating user feedback and adding new features. RCoD aims to harness the LMS to shape the future of education, focusing on improving its usability, interactive capabilities, and accessibility.

## Digital Resource Center



The Digital Resource Center at RCOD serves as a comprehensive hub for digital learning materials, offering an extensive collection of eBooks, journals, and other resources tailored to the needs of medical students, faculty, and researchers. The LRC houses over 3,000 PDF books and 800 video tutorials, all accessible over the local area network for both students and faculty. These resources are designed to support academic and research activities, fostering an environment conducive to learning.

The Learning Resource Centre (LRC) is linked with the Higher Education Commission (HEC) through a dedicated IP address, facilitating access to a wide range of educational resources and databases.

## **Wi-Fi**

RMDC is equipped with dual Internet Service Providers (ISPs) to ensure reliable internet access. Additionally, a 4G backup connection is available to maintain connectivity during any outages or disruptions. This multi-layered connectivity strategy ensures that all users have uninterrupted access to necessary resources

## Library



The Library at Rahbar College of Dentistry, Lahore aims to support the academia and research in their core instructional and research requirements through utilizing the best possible resources. The library ensures availability of reading material and information of Dentistry, Health care, Medicine and Allied. The library has variety of latest books related to the academic program. The Collection of books covers all the disciplines of Dentistry and Medicine. Library also has a classical collection of Islamic & general Knowledge Books. Library also provides continuous access of HEC digital library to the students and faculty of RMDC. It is equipped with fast connectivity of internet and Wi-Fi access for students and faculty. Research supporting software's i.e. Endnote, SPSS and NVivo are installed for the facilitation of students and faculty.

## **Cafeteria:**



The cafeteria at Rahbar College of Dentistry is a distinguished facility designed to enhance the campus experience. It offers a selection of freshly prepared meals, emphasizing locally-sourced and sustainable ingredients. The cafeteria's refined environment provides a conducive space for both relaxation and professional interaction, supporting the well-being of our students and staff

### **Daycare Facility:**



The daycare facility at Rahbar Dental College provides a safe and supportive environment for the children of students, faculty, and staff. Operating 5 days a week, the daycare allows parents to focus on their academic and professional responsibilities while knowing their children are well cared for. The facility is managed by an incharge, who oversees daily operations, supported by two trained caretakers who ensure that the children receive appropriate attention and care. The daycare is equipped with a variety of age-appropriate toys and educational materials, creating an engaging and nurturing atmosphere where children can play, learn, and rest comfortably. This service offers peace of mind to parents, knowing their little ones are in good hands while they attend to their work or studies.

## **Counselling Cell**

At Rahbar College of Dentistry Counselling Cell is considered a vital support unit dedicated to enhancing students' mental health and overall well-being. The cell also organizes workshops and seminars on stress management and mental health awareness, and offers guidance on academic, personal, and career-related issues. Additionally, it plays a key role in crisis management, providing immediate assistance in urgent situations, and can refer students to specialized services when needed. By fostering a supportive environment, the Counselling Cell at RCOD helps students navigate the demands of medical education while maintaining their mental and emotional health



## **Mentorship Program**

RCoD Lahore has introduced the 'Mentorship Program' to support first-year BDS students in their personal and professional development. Designed by a specialized committee, the program helps students adjust to college life and gain the skills and confidence needed for their future careers.

The initiative pairs each mentor with a small group of 3 to 5 mentees from various academic disciplines through an online system. This setup ensures a diverse and enriching experience for students. Registration is managed via e-portals, making it easy for both mentors and mentees to participate.

Mentorship sessions are group-based or one-on-one. The program is continuously assessed through feedback collected from both mentors and mentees. This feedback helps the program evolve and better meet student needs. Students who encounter difficulties are referred to internal support groups for additional help, while mentors regularly report on their mentees' progress, punctuality, and any challenges faced.

Participation in the program becomes optional from the second year, allowing students to decide whether to continue with mentorship or to contribute ideas to the program. Overall, the program aims to help students uncover their potential, navigate complex situations, and prepare for successful careers in their chosen fields

### **Mentorship Committee**

The Mentorship Committee at RCoD oversees the execution and compliance of the mentorship program. Appointed by the Principal, the committee manages and evaluates the program, meeting quarterly or as needed to review performance and address relevant issues.

The Members of the Committee are as under:

Committee In-charge:

HOD Orthodontics (Dr. Farhat Amin)

Committee members:

1. HOD Dental Materials (Dr Omair Anjum)
2. Assistant Professor Oral Medicine (Dr Ammara Anwar)
3. Assistant Professor Oral Biology (Dr Shaher Bano)

### **Curricular governance:**

Curricular governance comprises of institutional curriculum committees and academic council, comprising of all heads of departments. Each year has following curricular committees.

#### **Curriculum Committee of BDS 1<sup>st</sup> Year:**

1. Dr. Asad Mahmood, Associate Prof. & HOD Oral Biology  
Convenor
2. Dr. Naeem Shehzad HOD Anatomy  
Member
3. HOD Physiology  
Member
4. Dr. Afshan Bilal, HOD Biochemistry  
Member
5. Dr Hajra Talat, HOD Dental Education  
Member
6. HOD Behavioural Sciences  
Member
7. CR & GR, 1<sup>st</sup> year BDS  
Invited members

#### **Curriculum Committee of BDS 2<sup>nd</sup> Year:**

1. Dr. Omair Anjum, Associate Professor & HOD Dental Materials -  
Convenor
2. Dr. Faiza Khan, HOD Pharmacology  
Member

3. Dr. Sadaf Munir, HOD General Pathology  
Member
4. HOD Dental Education  
Member
5. HOD Behavioral Sciences  
Member
6. CR & GR, 2<sup>nd</sup> year BDS  
Invited members

**Curriculum Committee of BDS 3<sup>rd</sup> Year:**

1. Prof. Dr. Muhammad Behzad, HOD Oral Pathology  
Convener
2. Dr. M. Iftikhar Ahsen, HOD Periodontology  
Member
3. Dr. Ehsan Rathore, Assistant Prof. & HOD Oral Medicine  
Member
4. Dr Arshad, HOD General Medicine  
Member
5. Dr Siddique, HOD General Surgery  
Member
6. Dr Hajra Talat, HOD Dental Education  
Member
7. HOD Behavioral Sciences  
Member
8. CR & GR, 3<sup>rd</sup> Year BDS  
Invited members

**Curriculum Committee of BDS Final Year:**

1. Prof. Dr. Hina Zafar Raja, Prof. & HOD Prosthodontics  
Convenor
2. Prof. Dr. M. Nasir Saleem, Prof. & HOD Operative Dentistry  
Member
3. Prof. Dr. Farhat Amin, Prof & HOD Orthodontics  
Member
4. Prof. Dr. Omer Yousaf, Prof & HOD Pediatric Dentistry  
Member
5. HOD Oral and Maxillofacial Surgery  
Member
6. Dr Hajra Talat, HOD Dental Education  
Member
7. HOD Behavioural Sciences  
Member
8. CR & GR, 4<sup>th</sup> Year BDS  
Invited member.

## **Extra-curricular**

Extra-curricular activities are an important aspect of a student's campus life. Students at RCoD are encouraged to participate in a variety of extra-curricular activities to develop and cultivate their personal interests and foster inter-personal skills and team spirit. Extra-curricular activities help enhance student's confidence and improve their social life.

## **SPORTS CLUB**

Dr. Omair Anjum, Dept. of Science of Dental Materials – President/

**Activities:** Promotes physical fitness, foster teamwork and sportsmanship among students of Rahbar College of Dentistry. It organizes annual sports event, arrange team practices, schedule indoor/outdoor games and promote various sports related activities around the campus. It includes student members and demonstrators.

### **Process for selection of student members:**

Applications will be invited from interested students and candidates will be shortlisted based on their experience, skills, and interest in sports. The selection panel consisting of faculty members will interview and evaluate candidates and make final decisions based on leadership qualities, ability to work as part of a team, and experience in organizing or participating in sports events.

## **ART AND DESIGN SOCIETY**

Dr. Ehsan Rathore, Dept. of Oral Medicine and Oral Diagnostics -  
President

### **Dramatics club:**

Dramatics club provides the students the opportunity to express themselves through acting, directing, and theater related roles. Activities include arranging stage and theatre plays and schedule regular sessions to practice acting and scripts.

Brig. Dr. Babar Pasha, Dept. of Oral and Maxillofacial Surgery -  
(Incharge). It includes student members and demonstrators.

### **Process for selection of student members:**

Invited applications will be considered based on student's experience in drama, theater performances as well as their acting, directing, or technical skills. Final selection will be done by faculty panel by conducting interviews and assessing candidate's motivation, commitment, teamwork skills and creativity.

## **Music society**

The role of music society is to identify and promote musical talent and appreciation of different genre of music through various musical activities and events. Activities include creating opportunities for student participants to showcase their talents, inviting guest musicians for concert performances and partnering with other college organizations and committees for arranging various events.

Dr. Sadaf Munir, Dept. of General Pathology - (Incharge). It includes student members and demonstrators.

**Process for selection of student members:**

Students interested in joining music society will need to formally apply. Assessment of skills and experience will be carried out by a faculty panel evaluating musical skills, involvement in other music-related activities, past musical experiences, and overall performance quality. The final selection of student members will be based on interviews.

**Art & crafts**

Arts and crafts society promotes creativity, craftsmanship and encourages students to develop and showcase their artistic talent through various activities and initiatives. It provides opportunities for improving skills in various artistic fields like drawing, painting, sculpture and other crafts. Organizing themed art competitions for college students to stimulate creativity and artistic talent. Inviting professional artists to give talks and arranging various events by partnering with other college organizations and committees.

Dr. Hira Anjum, Dept. of Operative Dentistry - (Incharge).

It includes student members and demonstrators.

**Process for selection of student members:**

Students interested in joining will apply and will be evaluated by a faculty panel based on candidates' creativity, skills, and portfolio



showcasing their arts and crafts work. The selection will be finalized by the panel based on the evaluations, portfolios, and interviews.

### **Literary society**

Literary society provides a platform to promote literary appreciation and provide opportunities for students to improve creative writing, literary analysis, critical thinking and helps encourage members to explore and appreciate literature across various genres such as debates, poetry, college magazine etc.

Prof Dr Omer Yousaf - Incharge

### **Debating society**

Debating society provides a platform where members engage in structured debates on various topics. It helps promote critical thinking and public speaking skills among students.

Debating society engage in a variety of activities designed to foster skills in public speaking, and persuasive argumentation. Activities involve regular debate sessions, competitions and frequently inviting guest speakers, experts, academics and professionals to present on topics of interest.

Dr. Junaid Altaf, Dept. of Prosthodontics (Incharge)

### **Process for selection of student members:**

Students interested in joining will apply and will be evaluated by a faculty panel based on candidate's strong communication skills, critical thinking abilities, public speaking experience and passion for

debate. The selection will be finalized by the panel based on evaluations and interviews.

### **College Magazine**

Literary society provides a platform to promote literary appreciation and provide opportunities for students to improve creative writing, literary analysis and critical thinking. It helps encourage members to explore and appreciate literature across various genres.

The society carries out regular meetings to discuss and analyze literary works and to develop writing skills. Organizing writing competitions or contests that challenge members to write creatively or critically about specific themes. Publishing a literary magazine of the college that promotes members creative writing and literary work.

Prof. Dr. Saima Rizwan, Dept. of Physiology - (Incharge)

Dr. Hira Imtiaz (Operative Dentistry - Member

#### **Process for selection of student members:**

Students interested in joining music society will need to apply and may be required to submit writing samples such as creative writing pieces, or other relevant work that demonstrates their writing abilities and style. Assessment of skills and experience will be carried out by a faculty panel evaluating writing skills, creativity, and alignment with the magazine's vision. The final selection of student members will be based on interviews.

## **Poetry**

A poetry club is centered around the appreciation, creation, and discussion of poetry. It provides a platform for individuals to share their love for poetry, express their creativity, and engage with others who share similar interests. The purpose of a poetry club is to celebrate poetry in its various forms and styles..

Poetry club hosts events where members and guests can perform their poetry in front of an audience. Specific themes are selected to encourage members to write poems based on a common idea or concept.

Dr. Naeem Arshad, Dept. of Anatomy

(Incharge)

### **Process for selection of student members:**

Students applying to join will be assessed based on their interest in poetry, creativity, presentation skills and ability to engage an audience. Assessment of skills and experience will be carried out by a faculty panel. The final selection of student members will be based on interviews.

## **Naat & Qirat**

It focuses on the recitation and appreciation of Islamic poetry (Naat) and the recitation of the Quran (Qirat). The primary purpose of a Naat and Qirat club is to promote and preserve the traditions of reciting Naat and Qirat within an educational and supportive environment.

Members gather to recite and listen to the Quran and Naats being recited. Events are organized to hold competitions for members to showcase their recitation skills in Quranic recitation or Naat recitation.

Dr. Faiza Khan, Dept. of Pharmacology (In charge)

**Process for selection of student members:**

Interested students will be encouraged to apply. The selection panel will review the applications to ensure candidates meet basic eligibility criteria and have relevant experience and proficiency in Naat and Qiraat. The faculty panel will discuss the candidate's interest in Naat and Qiraat and their dedication to the recitation practices and finalize the members based on their skills and previous experience in Naat and Qirat recitation.

## **Co-Curricular Committees**

Co-curricular activities benefit students in a variety of ways. Students actively involved in Co-curricular activities tend to thrive in their academic as well as professional career. Co-curricular activities refer to activities, programs, and learning experiences that complement the academic curriculum and contribute to the overall holistic development of students.

### **President:**

Dr. Fahd Mehtab Ud Din Dogar,  
Dept. of Community and Preventive Dentistry

### **Professional Grooming**

#### **1. Career Counseling**

Career counseling committee is dedicated to providing guidance, support, and resources to help students make informed decisions about their academic and career paths. Activities include carrying out individual counseling and career assessment sessions. Providing information about various career options, industries, job market trends, educational requirements, and professional development opportunities. Conducting workshops on resume writing, cover letter preparation, interview skills, and networking to enhance student's job readiness. Organizing seminars, panel discussions, and guest lectures by professionals.

Dr. Fizza Tahir, Dept. of Prosthodontics (Incharge)

**Process for selection of student members:**

Student members will be encouraged to volunteer and join through open call nominations.

**Character Building**

Character building committee focuses on nurturing positive character traits, ethical values, and personal development among its members. The primary purpose is to promote and cultivate positive character traits, moral values, and ethical behavior among its members. It aims to help individuals become responsible, empathetic, and ethical citizens. Activities include developing and implementing a structured curriculum that focus on character development. Organizing community service activities, volunteering initiatives, and projects that promote social responsibility. Conducting sessions on topics such as integrity, empathy, respect, responsibility, resilience, and honesty.

Dr. Zehra Abbas, Dept. of Pedodontics

(Incharge)

**Process for selection of student members:**

Interested students will be encouraged to apply. The students will be selected by a faculty panel by identifying individuals who demonstrate strong personal ethics, leadership qualities, and a commitment to fostering positive values within the student community.

### **Communication Skills**

Communication skills club focuses on enhancing various aspects of communication among its members. The primary purpose is to help members improve their verbal, non-verbal, written, and interpersonal communication abilities. It aims to build confidence, clarity, and effectiveness in communication. Conducting workshops to improve public speaking skills, including speech delivery, body language and voice modulation. Organizing debates, panel discussions, and group discussions on various topics to practice articulating viewpoints. Offering sessions on improving presentation skills using visual aids effectively and how to effectively engage an audience.

Dr. Ammara Anwar, Dept. of Oral Medicine and Diagnostics -  
(Incharge)

### **Process for selection of student members:**

Interested students will be encouraged to apply. The selection panel will review the applications to ensure candidates meet basic eligibility criteria and have relevant experience and proficiency. Selecting student members will be based on evaluating candidates' proficiency in various aspects of communication, including public speaking, writing, and interpersonal skills. The faculty panel will discuss the candidate's interest and their dedication to finalize the member.

## **Samples of Mandatory legal Submissions as Applicable :**

### **UNDERTAKING**

(To be signed by the candidate and parents at the time of submission of admission form. I \_\_\_\_\_

Son/Daughter of \_\_\_\_\_ declare that the information provided in the application form is correct. I have read and understood the terms and conditions of the admission procedure.

I undertake to abide by the "Code of Conduct" of Rahbar College of Dentistry and other rules, regulation and instructions issued by the administration from time to time **& I affirm my physical and mental health. free from any condition that may hinder my medical education in this institute. pledging to abstain from non-prescribed drugs.** Moreover I declare that I have been informed that:-

I have to ensure at least 85% attendance "Individually" in each subject being taught in that year (in lectures / practicals / clinical sessions) and 50% marks in the class tests / send up examination; otherwise the college administration may not allow me to appear in the university examination. The attendance of subjects not being examined in the same year will "also be carried forward till the year of examination of that subject and will be included in minimum 85%" attendance calculation for being eligible to appear in university annual examination. Any type of leave, including medical leave, granted to me during studies will not condone a deficiency in attendance.

If any document submitted by me found to be incorrect or false/fake/fabricated, I would be liable to refusal for admission to the dental institution, if otherwise eligible for admission and admitted, would be liable to be expelled from the institution at any time during the course of my studies in which case all fee and other dues paid by me to the institution



shall be forfeited besides initiation of any action under law including criminal proceedings against me.

The college administration can take any disciplinary action, including expulsion from the college, on violation of discipline and in such cases the decision of the Principal will be final.

I have adequate financial resources to support my studies at the college. I fully understand that fee, once paid will be refundable as per PM&DC / institution regulations, where applicable, I will not object to any additional charges levied in the future by the Government, University or College.

I have read over and understood the college refund policy.

I, solemnly declare that I have not been expelled from any Medical / Dental college for any reason whatsoever and I have not been disqualified on completion of admissible chances to appear in 1st professional MBBS / BDS from any Medical / Dental College of Pakistan.

I hereby solemnly declare that I have not been convicted by any court of law nor I am under trial in anywhere in Pakistan / Abroad.

Moreover, I will also abide by all rules and regulations laid by Pakistan Medical & Dental Council, Islamabad (PM&DC) as well as University of Health Sciences, Lahore.

Name and Signature of the student

Date: 2025

(Name and counter signature of the Parent/guardian)

## MEDICAL FITNESS CERTIFICATE

This is to certify that I, Dr. \_\_\_\_\_ have  
conducted a thorough medical examination  
of \_\_\_\_\_, S/O, D/O  
\_\_\_\_\_ ag  
ed \_\_\_\_\_, residing at  
\_\_\_\_\_, On \_\_\_\_/\_\_\_\_/\_\_\_\_.

Based on the results of the examination, including relevant medical tests and evaluations, I am of the opinion that the above-mentioned individual is in **good health** and is medically fit. The individual is free from any major medical conditions or disabilities that would prevent him/her from carrying out normal physical or occupational activities. He/She is free from any symptoms of diseases like Covid-19, hepatitis or any other communicable diseases.

**Signature of Individual:** \_\_\_\_\_

**Dated:** \_\_\_\_\_

**Medical officer**

**Signature** \_\_\_\_\_

**CNIC No.** \_\_\_\_\_

**PMDC No.** \_\_\_\_\_ **Date** \_\_\_\_\_

To be signed and stamped by a registered medical practitioner.

**Students Undertaking at the time of Admission Offer Acceptance at Rahbar College  
OF Dentistry, Lahore.**

I, [Full Name of Applicant], son/daughter of [Father's Name], CNIC No. [CNIC Number], solemnly declare and undertake the following in connection with my admission to the MBBS/BDS program for the academic session 2025-26:

**For Candidates Currently Not Admitted to Any Other College:**

1. I hereby declare that I am not currently admitted to any MBBS/BDS program in any other medical/dental college.
2. In case I receive an admission offer from any other college within the due dates, I shall immediately inform this college of my decision to cancel my admission offer, within the prescribed timeline. I further undertake that I will not claim my seat at this college in the future. I understand that failure to notify the college within the due dates will render all my admission offers null and void.

**For Candidates Currently Admitted to Any Other College:**

1. I declare that I have already cancelled my previous admission offer in the MBBS/BDS program at [Name of Medical/Dental College].
2. In case I receive an admission offer from any other college within the due dates, I shall inform this college of my decision to cancel my admission offer, within the prescribed timeline. I further undertake that I will not claim my seat in the future at this college. I understand that failure to disclose such information will result in my admission offer becoming void.

I fully understand and agree that my failure to abide by the above conditions will result in the cancellation of my admission offer, and I shall have no further claims regarding the seat offered to me.

**Signatures:**

Signature of Applicant: \_\_\_\_\_

Signature of Father/Guardian: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Date: \_\_\_\_\_

## GALLERY

















## **Acknowledgements**

### **List of Contributors:**

Prof Dr Hina Zafar Raja.

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