

Rahbar College of Dentistry

Timetable 1st Year BDS Session Jan 2025-Dec 2025



Day	8:00am-9:30am	9:30am-11:00am	11:00am-11:45am	11:45am-12:00pm	12:00pm-12:45pm	12:45pm-1:30pm	1:30pm-2:15pm	2:15pm-3:00pm
Monday	Oral Biology Interactive Lecture / Case Discussion 90 mins	Histology (Anatomy) Practical 90 mins	Biochemistry Interactive Lecture 45 mins	BREAK 15 mins	Anatomy Interactive Lecture 45 mins	English/ Islamic/ Pak Studies Lecture 45 mins	Physiology Interactive Lecture 45 mins	Physiology Interactive Lecture 45 mins
Tuesday	8:00am-9:30am	9:30am-10:15am	10:15am-11:30am	11:30am-11:40am	11:40am-12:50pm	12:50pm-2:15pm		2:15pm-3:00pm
	Physiology Interactive Lecture 90 mins	Anatomy Interactive Lecture 45 mins	Physiology Interactive Lecture 75 mins	BREAK 10 mins	Biochemistry Practical 70 mins	Oral Biology Practical/ SGD/ Clinical Rotation 85 mins		Anatomy Dissection/ Demonstration / (DH) 45 mins
Wednesday	8:00am-9:00am	9:00am-10:00am	10:00am-10:45am	10:45am-11:30am	11:30am-12:20pm	12:20pm-12:45pm	12:45pm-1:30pm	1:30pm-3:00 pm
	Oral Biology Interactive Lecture 60 mins	Anatomy Dissection / Demonstration/ (DH) 60 mins	Anatomy Dissection/ Demonstration/ (DH) 45 min	English/ Pak Studies / Islamic/ Islamic Interactive Lecture 45 mins	Physiology Interactive Lecture 50 mins	BREAK 15 mins	Oral Biology Interactive Lecture 45 mins	Oral Biology Practical/ SGD/ Clinical Rotation 90 mins
Thursday	8:00am-9:15am	9:15am-10:10am	10:10am-10:55am	10:55am-12:25pm	12:25pm-12:45pm	12:45pm-2:00 pm		2:00-3:00 pm
	Oral Biology Case Discussion / Interactive Lecture 75 mins	Oral Biology Interactive Lecture 55 mins	Anatomy Dissection/ Demonstration/ (DH) 45 mins	Physiology Practical A/ SGD Biochemistry Practical B/ SGD 90 mins	BREAK 20 mins	Research/ English/ Islamic/ Pak Studies 75 mins		Biochemistry Interactive Lecture 60 mins
Friday	8:00am-8:45am	8:45am-10:50am	10:50am-12:20am		12:20am-1:00 pm	1:00 pm-1:30 pm	1:30 pm-2:00 pm	2:00pm-3:00pm
	Physiology Interactive Lecture 45 mins	Anatomy SGD 125 mins	Biochemistry Practical A/ SGD Physiology Practical B/ SGD 90 mins		Research Interactive Lecture 40 mins	BREAK 30 mins	Biochemistry Interactive Lecture 30 mins	Physiology Interactive Lecture 60 mins

Copy for information to the:

1. Vice Principal RMDC
2. Director Admin. RCoD
3. Concerned Head of Departments, RCoD
4. Deputy Director Admin, RCoD
5. Department of Dental Education, RCoD
6. IT Incharge, RCoD
7. Computer Cell, RCoD
8. Student Affairs, RCoD
10. Class Representative (Boys/Girls)

No. 102 /RCoD/25 Dated 28-9-2024

Summary of Contact Hours			
Subject	Minutes per week	Total Contact Hours Achieved	Total Contact Hours PMDC
Oral Biology & Tooth Morphology	500 minutes	300 hours	300 hours
Anatomy	500 minutes	300 hours	300 hours
Physiology	500 minutes	300 hours	300 hours
Biochemistry	295 minutes	177 hours	180 hours
Research/ Islamic/ Pak Studies/ English	205 minutes	123 hours	120 hours

Dr. Shaher Bano
Assistant Professor (Oral Biology)
Rahbar College of Dentistry, Lahore

Prof. Hina Zafar Raja
Head of Prosthodontics Department
Rahbar College of Dentistry, Lahore

Prof. Nasir Saleem
Principal, Rahbar College of Dentistry, Lahore

Prof. Dr. Muhammad Nasir Saleem
BDS (Hons), FCPS, MSc, ICMT,
FDS RCPSC, PhD (Scholar).
Principal
HOD Operative Dentistry.